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(2020). The science of parenting. Second edition. International Journal of Play: Vol. 9, The Neuroscience of Play: Honoring the Life's Work of Jaak Panksepp, pp. 170-171.

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## **Sunderland ...**

“As babies, humans are led primarily by their instincts for survival which can be referred to as the “reptilian brain” (The Science of Parenting by Margot Sunderland, 2006, p. 18). Essentially, children are born very sensitive to their needs and need someone to help take care of the needs.

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Following the tragic loss of her first husband who drowned while saving two friends, Margot, the mother of three young children, began her second career, in psychology. In 1973 she published the first scientific article from Australia on autism and in the following

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40 years the breadth and depth of her work was enormous.

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