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The goal of life is the
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secrets of joy in the most difficult times. The goal of life is the expansion of happiness, he contends. But in today's demanding world, that goal seems elusive, if not impossibly out of reach.

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Abū Ḥāmid Muḥammad

ibn Muḥammad al-

Ghazālī, a Persian

theologian,

philosopher, and

prolific Sunni Muslim

author regarded as one

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