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KEY=YOUR - GRANT POWERS

The Power of Intuition

How to Use Your Gut Feelings to Make Better Decisions at Work

Currency At times in our careers, we've all been aware of a "gut feeling" guiding our decisions. Too often, we dismiss these feelings as "hunches" and therefore untrustworthy. But renowned researcher Gary Klein reveals that, in fact, 90 percent of the critical decisions we make is based on our intuition. In his new book, *THE POWER OF INTUITION*, Klein shows that intuition, far from being an innate "sixth sense," is a learnable--and essential--skill. Based on interviews with senior executives who make important judgments swiftly, as well as firefighters, emergency medical staff, soldiers, and others who often face decisions with immediate life-and-death implications, Klein demonstrates that the expertise to recognize patterns and other cues that enable us--intuitively--to make the right decisions--is a natural extension of experience. Through a three-tiered process called the "Excelleration Program," Klein provides readers with the tools they need to build the intuitive skills that will help them make tough choices, spot potential problems, manage uncertainty, and size up situations quickly. Klein also shows how to communicate such decisions more effectively, coach others in the art of intuition, and recognize and defend against an overdependence on information technology. The first book to demystify the role of intuition in decision making, *THE POWER OF INTUITION* is essential reading for those who wish to develop their intuition skills, wherever they are in the organizational hierarchy.

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How to Rule the World from Your Couch

Simon and Schuster In her new book, *How to Rule the World from Your Couch*, Laura Day teaches you or your company how to create success in any area by using your brain in unique and compelling ways so that your innate intuition can propel you ahead to successful solutions. The step-by-step exercises included -- many of which can (and should!) be done from the comfort of your couch -- will show you how you can:

- Find and secure your dream job
- Maintain solid relationships, even at a distance
- Lose weight by reclaiming the body you were meant to have
- Know how to spot your perfect mate
- Make better investments and business decisions
- Negotiate differences in the workplace
- Have an understanding relationship with your child
- Identify which opportunities will pan out
- Project a desirable image for yourself or your product
- Anticipate and resolve difficult conflict before you walk into a situation

Laura's work has helped demystify intuition and demonstrate its practical, verifiable uses in the fields of business, science, medicine, and personal growth. Her list of clients and students includes doctors, financial investors, scientists, engineers, and celebrities. Day has shown that 98 percent of success is planning and that you, therefore, have the power to transform your life.

Radical Intuition

A Revolutionary Guide to Using Your Inner Power

New World Library Radical Intuition reveals an all new understanding of intuition and how to use it to live an extraordinary life. This practical guide will teach you to go beyond thinking and discover higher awareness with the power of intuition — a revolutionary force at the threshold of a new era of consciousness. Kim Chestney gives clear guidance for tuning in to your own process of insight, backed by voices from successful insight leaders who recognize intuition as the source of genius in all aspects of life. Learn how to tap into your inner wisdom and create the life you are made for. Featuring contributions from Kelly Noonan Gores (writer/director of the documentary HEAL), Steve Kilbey (singer-songwriter of the Church), Brett Larkin (Uplifted Yoga), Day Schildkret (author of Morning Altars), Jesse Schell (author of The Art of Game Design).

Developing Intuition

Practical Guidance for Daily Life

New World Library Intuition is a birthright, but many have lost touch with it. If embraced and followed, intuition can be an accurate force that permeates all facets of life. Shakti teaches readers how to tap into their inner knowledge and use it to enhance their lives and attain their goals. Chapters explore the role of intuition in health, creativity, work, and prosperity. Exercises based on Shakti's workshops and seminars help readers listen to their inner guide but also evaluate the worthiness of such knowledge in the context of the real world. Stories from her clients and her own life illustrate the practical advice she gives.

Psychic Intelligence

Tune In and Discover the Power of Your Intuition

Hachette UK The Psychic Twins have amazed audiences all over the world with their eerie predictions that have proven to be true, including the events of 9/11, the Times Square Terrorist incident, natural disasters and more. They've also worked with countless clients who report that their predictions later came to be true. Although the Twins have an undeniable gift in this area, we all have psychic capabilities-- and in this book they show you how to strengthen your own, look into your future, and change your destiny. In Psychic Intelligence, Terry and Linda Jamison explain, step-by-step, how to dissolve the blocks that can prevent you from using and trusting your own intuition. By exploring what they call the Four Clairs: clairvoyance, clairaudience, clairsentience, and claircognizance, you will be able to tap into these feelings and in turn: -Create strong and worthwhile relationships, including finding true love -Attract wealth and abundance -Know when to make a career change, and what the new path should be -Experience vibrant health -Discover your authentic self and life's purpose Now, at a time of real economic and social uncertainty, when hope is needed and so many are feeling confused and fearful, Psychic Intelligence will show readers that we all have the power to tap into and control our own destiny.

Intuition

Your Secret Power : Your Treasure Map to the Fortune that Lies Hidden in Your Mind

Radical Intuition

A Revolutionary Guide to Using Your Inner Power

New World Library Radical Intuition reveals an all new understanding of intuition and how to use it to live an extraordinary life. This practical guide will teach you to go beyond thinking and discover higher awareness with the power of intuition — a revolutionary force at the threshold of a new era of consciousness. Kim Chestney gives clear guidance for tuning in to your own process of insight, backed by voices from successful insight leaders who recognize intuition as the source of genius in all aspects of life. Learn how to tap into your inner wisdom and create the life you are made for. Featuring contributions from Kelly Noonan Gores (writer/director of the documentary HEAL), Steve Kilbey (singer-songwriter of the Church), Brett Larkin (Uplifted Yoga), Day Schildkret (author of Morning Altars), Jesse Schell (author of The Art of Game Design).

Practical Intuition

How to Harness the Power of Your Instinct and Make it Work for You

Harmony Combines exercises, real-life examples, and personal accounts to explain how to draw on one's hidden intuitive powers

The Life-Changing Power of Intuition

Tune into Yourself, Transform Your Life

Random House 'Emma's book is a masterclass in helping us to tune into all the empowering signals coming from within us.' - You Magazine, Mail on Sunday Tune into yourself and transform your life - your healing journey of self-discovery starts HERE! When there is so much going on in our modern lives how do we filter out what feels right from what feels wrong? How do we become more in tune with who we really are and what we really need? With this ultimate spiritual life-coach - full of practical advice, exercises and meditations - learn how to develop your intuition and deepen your connection to your authentic self. Create positive change in all areas of your life, from improving your relationships and healing your stresses and anxieties, to nailing that big work presentation, achieving your fitness goals or breaking bad habits. Discover the secret to changing your life is already inside you.

The Power of Intuition

How to Use Your Gut Feelings to Make Better Decisions at Work

How to Blast Through to Your Personal Power Using Intuition

Simple Step by Step System to Achieve Meaningful Goals

Independently Published If you want to intentionally manifest your desires, blasting through to your personal power is a must. Personal power is also personal responsibility and you can cultivate it by trusting yourself completely. Moving through fear, uncertainty, and limiting beliefs demands vision and faith in what you're doing. The power to do that comes from within, from direct and clear guidance of your inner wisdom. You are namely not alone. The universe is always lovingly present and ready to support you through your navigation system for life without mistakes. The connection to your spirit is part of your human serial equipment. We call it Intuition. Start using it to create health, happiness, and abundance which are your birthright. Using intuition will help you live your purpose and the success you came here to create in an empowered and authentic way. This book will show you how to blast through to your personal power using intuition and achieve your goals joyfully and easier than ever before. Practical exercises will lead you to the right answers and motivate you to the necessary inspired action steps. Things that you desire will start appearing in your life miraculously. Enjoy the path of empowered living on the vibrations of love and above.

Intuition

Access Your Inner Wisdom. Trust Your Instincts. Find Your Path.

Dorling Kindersley Ltd A practical e-guide to discovering the lost art of intuition. Tune into your senses, find your inner wisdom and develop your physical, mental, emotional and spiritual awareness. This self-help book will help you open yourself up to the power of intuition. Intuition is seen by many as the highest form of intelligence. It's the ability to know something instinctively without having to discover it - a deep sense of knowing, that gut feeling. Your intuition can guide you to make wise decisions that bring more joy, love and meaning into your life. From journaling and meditation to mindful movement and moon rituals, this developmental guide taps into the myriad ways you can unlock intuitive living. It teaches you how to use a broad range of practices and techniques designed to reveal your path to innate wisdom. An Essential On Any Intuitive's Virtual Bookshelf This motivational book by Amisha Ghadiali, an

intuitive therapist, yoga and meditation teacher, is filled with inspirational quotes, helpful exercises, and information on how to live a life you love. It encourages intuitive development in everyday life - health, family, relationships, work, creativity and more. This inspirational e-book from DK Books will give you the practical tools you need to get in touch with your intuition and create the happier, more successful life you were meant to live: - DISCOVER the life-changing potential of intuition and learn techniques on how to use it - CONNECT with your subconscious mind through helpful exercises - APPLY INTUITION to unlock wellness and fulfilment in every area of your life

Intuition

How to Develop it and Use it in Everyday Life

Exisle Publishing Intuition is something most people would have experienced at one time or another; it's that gut-feeling or 'sixth sense'. It's instinctive by nature, independent of rational analysis or deductive thinking. But can we actively develop our intuition and learn how to better utilise it? Author Dr Cate Howell believes we can, and sets about to empower us to use intuition in everyday life. Intuition is divided into three parts. In the first, she explores the nature of intuition from different perspectives, including philosophy and psychology, religion and spirituality. She also looks at the use of intuition in decision-making in the fields of business, health and teaching. The second part of the book is more practical and considers types of intuition, how to develop your intuition and then use it in everyday life with a practical seven-step plan. Steps explored for developing intuition include meditation, mindfulness, creativity, kindness and service. The final part of the book looks at some issues related to intuition, such as dreams and synchronicity, and how the development of one's intuition often seems to correlate with an increased sense of peace, purpose and joy in life. 'Intuition is a vital part of life and practice and now we have a book that will help us to develop this essential skill.' Prof Ian Wilson, Associate Dean, Graduate School of Medicine, University of Wollongong

Heal Using Intuition And Energy

Discover Mental and Emotional Roots of Health Issues

Carrie Suwal Are you ready to dissolve your suffering? It's time to experience bottomless joy, to love fearlessly, and to have peace of mind as attainable as oxygen. Healing is accessible to everyone. From curing an illness, moving from pain to freedom, anger to acceptance, or sadness to joy, your healing journey will be as original as your fingerprints. You are going to receive answers, healing, and integrate with your higher self throughout the practices in the book. YOU will be the healer of your life. Discern the different energy systems of the body, and utilize your extra sensory perceptions to heal your aura. Enhance your psychic tools and your ability to breakdown spiritual symbolism from your intuition. Featured at the end of the book is a channeled mental/emotional root cause to a comprehensive list of physical health conditions and major life challenges. If you ever ponder, "What is my purpose? Where is my joy?", the answer is not behind or in front of you, but within you. And it's only accessible in the now.

Natural-born Intuition

How to Awaken and Develop Your Inner Wisdom: Easy Read Comfort Edition

ReadHowYouWant.com

The Intuitive Mind

Profiting from the Power of Your Sixth Sense

John Wiley & Sons This new agenda for the managerial mind will change the way you think and do business. Eugene Sadler-Smith, a leading intuition researcher and educator in business and management, argues that human beings have one brain but two minds - analytical and intuitive. Management has overlooked the importance of intuition, and under-exploited the potential that the intuitive mind has to contribute in areas as diverse as decision making, creativity, team working, entrepreneurship, business ethics and leadership. "The Intuitive Mind is a fascinating and practical book that will maximize your intuition and help you make better decisions today and predictions about tomorrow! Sigmund Freud and Carl Jung would most assuredly approve." Steve W. Martin, www.heavyhitterwisdom.com Heavy Hitter Sales Psychology: How to Penetrate the C-Level Executive Suite and Convince Company Leaders to Buy "Eugene Sadler-Smith gives needed attention to the intuitive way of thinking and reminds us that leadership is an art as well as a science." Cindi Fukami, Professor of Management, University of Denver, USA "From one of our prominent 'thinkers' in the management education arena, we learn in The Intuitive Mind how to use our intuitive judgment to improve our managerial decision making." Joe Raelin, The Knowles Chair for Practice-Oriented Education, Northeastern University, USA "This timely, well researched and accessible book takes intuition out of the shadows and provides practical guidance to solve thorny problems." Sebastian Bailey, Global Product Director, The Mind Gym

Eureka!

Understanding and Using the Power of Your Intuition

Lively Spirit This book not only teaches [readers] about intuition but also helps [them] discover [their] own intuitive abilities. ON Stanley Krippner, Ph.D., Past President, Association for Humanistic Psychology.

Trust Your Intuition

Harness the Wisdom and Power of Your Inner Voice

How To Books Ltd This guide to using intuition shows how to discover a richer, more rewarding life and greater effectiveness at work. It shows the reader how to recognize the value of his or her intuition and learn to trust it more. Practical examples are used.

Love and Intuition

A Psychic's Guide to Creating Lasting Love

Llewellyn Worldwide Develop your intuition in one of the most spiritual aspects of life: love and relationships. Love, by its very nature, is profoundly spiritual—it brings out the intuitive side of us all. By embracing your innate intuition and letting it expand, the love and joy you deserve will naturally flow right to you. In this heartfelt and uplifting book, professional psychic Sherrie Dillard teaches you how to develop your natural psychic ability and intuition to attract and sustain soulful love. After discovering your personal love type—emotional, spiritual, mental, or physical—you can find out your spouse or partner's love type and practice exercises, creative visualizations, and guided meditations to strengthen your relationship, heal rifts, get a better understanding of how you relate to each other, and deepen your connection. Woven throughout are stories from Dillard's clients that shed light on attraction, fidelity, passion, sex, intimacy, and common relationship issues. You'll learn to change unhealthy relationship patterns, receive guidance from angels and spirit guides, and even add spice to your love life. "This book is truly a gift, brimming with deep insight and practical suggestions."—Diane Brandon, integrative intuitive counselor and host of "Vibrant Living" on Webradio.net

Develop Your Medical Intuition

Activate Your Natural Wisdom for Optimum Health and Well-Being

Llewellyn Worldwide The wise inner voice of our spirit is always communicating with us through our intuition . . . if only we can learn to listen. Develop Your Medical Intuition shows you how to improve your health with easy step-by-step exercises, guided visualizations, case studies, and practical advice from author Sherrie Dillard's twenty-five year career as a professional medical intuitive. Thoughts, emotions, attitudes, and beliefs play an important role in our ability to heal. This book provides everything you need to know to repair, remedy, and enhance your health, including: Quizzes to determine your medical intuitive type and assess your energy health Four main medical intuitive types: mental, emotional, physical, spiritual Five basic medical intuitive skills: clairvoyance, clairsentience, clairaudience, claircognizance, and vibrational sensitivity Developing your intuitive ability will help you make informed health care decisions and gain first-hand experience of the vast cosmic network of love and wisdom that supports mind, body and spirit wellness. Praise: "Sherrie Dillard offers a very practical guide to working with energy and medical intuition. Full of stories from her own work with clients and great practical exercises and meditations, this book is a breakthrough for anyone wishing to develop medical intuitive skills."—Barbara Burggraaff, MD "Sherrie has created a practical How-To-Do-It guide to medical intuition full of useful exercises and compelling case examples from her practice. The important roles of the emotional, mental, physical and spiritual types of intuition are well outlined in understandable fashion."—Larry Burk, MD, CEHP, Integrative Physician and Author of Let Magic Happen: Adventures in Healing with a Holistic Radiologist

Cracking the Intuition Code

Understanding and Mastering Your Intuitive Power

McGraw-Hill/Contemporary Argues that intuition is a normal sensory system, just like sight or hearing, and discusses how to develop one's intuitive powers

Real Prosperity

Using the Power of Intuition to Create Financial and Spiritual Abundance

Andrews McMeel Publishing In her latest book, author and intuitive consultant Lynn A. Robinson lights the path to prosperity by showing her readers how to access their true dreams and passions and how to tap into their personal wells of abundance. Refreshingly down to earth and rich with humor, compassion, and compelling tales of success, *Real Prosperity* points its readers to financial and spiritual prosperity with sage advice, true stories, inspirational quotes, and quick, practical exercises that add a valuable "how to" factor not often found in this genre. At a time when Americans are sinking into a quagmire of debt and the deeper meaning of life seems to elude even the well off, this wonderful new book offers relief and promises to help its readers chart a course to a richer, more abundant life. This is not a get-rich-quick or pray-your-way-to-wealth book. Nor is it a book about financial planning and debt reduction. It is, instead, an inspiring and uplifting guide that delivers hope, not hype; workable lessons, not foolish philosophy. In other words, it's a book that can work magic in your life. Read it and you'll agree.

Can't Get Satisfaction

Use Your Hidden Power of Intuition to Succeed in Love and Relationships

If you are in a relationship that doesn't suit you, then there is a big probability you are not getting all you can out of your life. There are fatal flaws which nearly everyone makes at one point or another. If you are extremely lucky, you may have stumbled, unconsciously on just one of these. But the chances are massive that your life has in the past, and will continue to, make more and more of these time draining, happiness sucking, and energy sapping relationship mistakes. You just don't know. It's the way it's always been, unless you are on the 'inside'. (The 'inside' is a tiny, loose knit group of reclusive, almost secretive experts who know how to extract huge piles of relationship success, tons of sexual satisfaction, hot new dates and tidal waves of happiness from successful relationships) And I can show you how to: 1. Turn your dead relationships into a relationship success machine 2. Eliminate the single biggest mistake in all relationships and how to flip it like a pancake 3. Close in on relationship success quicker and with less time spent on 'deadbeats' 4. Add one of the 'special strategies' to everything you do and see an upsurge in relationship happiness 5. Why letting your mind shape your 'perfect person' is often an expensive recipe for failure 6. Why your mind can ruin your life but your intuition can make you an outright winner... 7. Don't ever leave your relationship success down to someone else's idea of a good partner, this virtually dooms your success, instantly 8. Make your life run like clockwork, bringing in predictable success and relationship results month after month

1414 Decisive Words to Get Laid Using Your Intuition

Nicholas Mag *The Miracle!* In this book Nicholas presents you a practical, unique, subliminal, very simple, detailed method of how to Get Laid Using Your Intuition. You will feel the effects immediately and the results will appear very quickly! So it was in my case. You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through this unique, subliminal method combined with positive affirmations. The order of words is extremely important for every book written by Nicholas. These are arranged to be traversed in a certain way so as to eliminate certain blockages in the human being, blockages that are bringing disease or failure on various plans. You don't need a big chunk of your time or expensive programs. Everything is extremely simple! Health, money, prosperity, abundance, safety, stability, sociability, charisma, sexual vitality, erotic attraction, will, optimism, perseverance, self-confidence, tenacity, courage, love, loving relationships, self-control, self-esteem, enthusiasm, refinement, intuition, detachment, intelligence, mental calm, power of concentration, exceptional memory, aspiration, transcendence, wisdom, compassion. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting. Then they win gold medals and become champions. That's merely one example of how the real power of mind can elevate you above any of life's challenges. By reading this book, you will feel totally that life deserves to be lived and enjoyed every moment and that everything that you propose for yourself becomes easy for you to fulfill. Nicholas will guide you to touch your longed-for dream and will make you see life from a new perspective, full of freshness and success. This book helps you step by step, in a natural way, in just 3 minutes a day, to change your misguided way of thinking and to Get Laid Using Your Intuition. (NOTE: For good, Nicholas keep the price of the book as lower as he can, even if is a hard work behind this project. A significant portion of the earnings from the sale of the book are used for these purposes: for charity, volunteer projects, nature restoration, and other inspired ideas to do good where it is needed. If you can not afford to buy the book please contact Nicholas and he will give you a free copy.) You, also have a bonus in the pages of the book that makes you live your success by doing a seemingly trivial thing. You will feel the difference. Yes. *The Miracle* is possible! Get Your Copy Now!

Intuition and Your Sun Sign

Practical Methods to Unlock Your Potential

Llewellyn Worldwide Discover your full intuitive potential with this practical guide to understanding astrology, your sun sign, and psychic development. With easy-to-follow instructions, you'll instantly tap into your intuition to overcome any blocks and find the mental clarity you seek. Intuition and Your Sun Sign presents a unique, approachable way to develop your intuitive gifts and incorporate astrological guidance into your life—without needing any previous experience. Astrologer Bernie Ashman shows you how to improve both your intuition and your insights about other people, helping you communicate more effectively for greater harmony in your relationships. Learn to balance your strengths and weaknesses, achieve your goals, raise your self-confidence, and find personal empowerment through the incredible combination of intuition and sun sign.

Developing Your Intuition

A Guide to Reflective Practice

John Wiley & Sons Leaders often have to make decisions without complete information, and those decisions are expected to be not only right but also timely. Using reflective techniques can help you learn to depend on your intuition for help in making good decisions quickly. Reflective practices may seem time-consuming at the beginning, but the time you put in on the front end is well worth the investment. It will pay you back both in time and in the quality of the decisions you make.

Spiritual Intelligence

Awakening the Power of Your Spirituality and Intuition

Coronet A former BBC Newsnight journalist and management consultant, Michal Levin's life changed when she became troubled by an incomprehensible inner disquiet. She left her career and a new - spirit - world opened when she took up meditation. Over a period of months, she began to accept that she was a healer, an intuitive and a teacher. She was even able to diagnose her own near-fatal brain tumour, despite doctors' dismissals, and so save her life. Michal encounters many people in her teachings with the same 'ache' in their lives. Spiritual Intelligence addresses that increasing number who feel - despite money, success, education, even fame - that there is a missing element. It teaches us how to go on a personal journey - to embrace spirituality, develop intuition and bring it into our everyday lives for ultimate fulfilment.

Intuition

How to Use Your Gut Instinct for Greater Personal Power

Nightingale-Conant Corporation Explains how people who trust their intuition have an advantage over those who don't, and how to use intuition to improve one's life.

The Purpose of Your Life

Finding Your Place In The World Using Synchronicity, Intuition, And Uncommon Sense

William Morrow Paperbacks The co-author of The Celestine Prophecy Experiential Guide helps readers uncover the unsuspected, untapped power of synchronicity and intuition that will bring success, satisfaction, and serenity. Everyone really has a purpose in life, says Carol Adrienne in her new guide to harnessing the power inside yourself. The question is: How do you learn to go with the flow and let your true nature guide you? Chapter by chapter, The Purpose of Your Life explains how to locate the source of your innate energy and focus it, how to align yourself with the natural forces that swirl around us always, and how to develop the intuition that fosters synchronicity. The book is packed with illuminating anecdotes and profiles of fascinating people -- from artists to urban planners to Zen masters -- who describe how they found their own purposes. There are practical exercises throughout, along with charts, self-questionnaires, and other tools that help you understand yourself and your deepest aspirations. As you learn to recognize and trust the voice of intuition, you'll find new doors opening and new possibilities everywhere. You'll feel invigorated by the potential you've unleashed, a power that will only grow with each new accomplishment. And you'll discover the serenity and satisfaction that come only to those who are living life to the fullest. The Force is with you -- all you have to do is reach out and start to use it.

A to Z Entrepreneurship

26 Words that capture what it takes to be an Entrepreneurship

Panchshil Prakashan Being an entrepreneur is about more than just starting a business or two, it is about having attitude and the drive to succeed in business. All successful entrepreneurs have a specific way of thinking and possess certain key personal qualities that make them so successful in business. This book lists all the qualities that entrepreneurs need to establish, succeed and grow their business in A to Z sequence for ease of use.

Walk With Your Wolf

Unlock your intuition, confidence & power with walking therapy

Hachette UK 'Drawing on perceptive insight and profound wisdom, Jonathan Hoban reveals how the simple act of walking can displace our minds from a place of chaos to tranquil calm, and makes a beautiful and inspiring case for walking with your wolf.' - Dr Mithu Storoni, author of Stress-Proof Nature is our greatest healer. It's time to start walking and reclaim the wildness in all of us. When did you last take a walk? Not a stroll to the shops, or to the pub, but a walk that got you energised, stimulated your senses, allowing you to de-stress? If the answer is that you'd love to walk, but don't have the time, there really are more reasons to get outside than you might think. When we walk we find the space to process our feelings and we begin to have the courage to be vulnerable and honest with ourselves. Walking awakens the intuition that helps us face up to our difficulties and walk alongside them, enabling us to find positive solutions to our problems. Our ancestors knew all about movement - they walked across the planet, understanding nature and learning to respect and work in harmony with it. Written by a London-based therapist, Walk with your Wolf is part memoir, part self-help and part reflection on the connection we must re-establish with our natural, intuitive selves if we are to live healthy, fulfilling lives. Offering practical advice and exercises on how to walk and think as a method of confronting difficult emotions, this book will allow you to reconnect with your intuition, confidence and power. 'An important message about the power of reconnecting with the primal self to achieve balance in the modern world. A fascinating read' - Megan Hine 'Deftly blending science, his own narrative and his experience as a therapist, he is at our side as we find a way of engaging with and being healed by nature. Like the wolf in the book's title, we can reconnect with our own elemental lupine instincts which are so often repressed in our stressful and artificial world - both a wolf's wildness as well as its sociability and need to be part of a pack. Follow in Hoban's easy to apply footsteps and you will never walk alone again. - Rachel Kelly, bestselling author of Walking on Sunshine and The Happy Kitchen 'Jonathan Hoban challenges us to use nature as a setting for reconsidering our lives and our stresses. He asks us to 'walk alongside our difficulties' giving ourselves the physical and mental space to look at ourselves anew and to decide what we really need. For that commute to work, or indeed for that break on the park bench, I commend this book.' - Sir Ciarán Devane, CEO of the British Council

Practical Intuition

How to Harness the Power of Your Instinct and Make it Work for You

Villard Books Combines exercises, real-life examples, and personal accounts to explain how to draw on one's hidden intuitive powers

Medical Intuition, Intuitive Diagnosis, MIDI-Medical Intuitive Diagnostic Imaging

How to See Inside a Body to Diagnose Current Disorders and Future Health Issues

Brent Atwater Radio: Call in and ask Brent Atwater your questions on Blogtalk internet Radio every Wed nite at 9pm EST Brent Atwater's Just Plain Love(r) Books presents Medical Intuition, Intuitive Diagnosis & MIDI - Medical Intuitive Diagnostic Imaging: How to See Inside a Body to Diagnose current Diseases and Future Health Issues Brent Atwater is an internationally renowned Medical Intuitive, author, educator and speaker. Brent pioneered and founded MIDI- the field of Medical Intuitive Diagnostic Imaging T & AMIDI- Animal Medical Intuitive Diagnostic Imaging T MIDI is a body scan process that teaches you how to look inside a body to diagnose current disorders and future health issues. A MIDI reading generates an incredibly detailed description and accurate location, and size

of each problem. It also determines the medical urgency associated with each issue in addition to providing a comprehensive diagnostic evaluation along with a future prognosis. This groundbreaking book takes the field of Intuitive Diagnosis, Intuitive Healing & Holistic Integrative Energy Medicine to another level! Brent Atwater's leading edge educational diagnostic images pioneer new frontiers. Brent's encyclopedia of the bioenergy patterns of diseases and disorders is transformative information for holistic healthcare, integrative energy medicine, intuitive healing and the science of Medical Intuition. Visit www.BrentAtwater.com www.JustPlainLovebooks.com Connect with Brent Atwater on [Twitter](#), [YouTube](#), [Facebook](#), [MySpace](#), [LinkedIn](#), et al Radio: Call in and ask Brent Atwater your health questions on Blogtalk internet Radio every Wed nite at 9pm EST

Medical Intuition

Your Awakening to Wholeness

ARE Press Foreword by Caroline Myss, best-selling author and medical intuitive. Building on the significant history of the use of medical intuition by leaders in the field, Dr. Norman Shealy provides us with a path to using our innate intuition to develop optimal personal power and health. This book is your primer to medical intuition. From beginning to end, you'll learn how to use your basic healing power effectively and immediately. Nothing is more important than personal health, for ultimately one's own health is the major determinant of the value of one's life.

You Are Intuitive

Trust Your Truth. Take Back Your Power

21 Rituals to Ignite Your Intuition

Watkins 21 simple and easy daily rituals to help you tune into your inner wisdom so that you can start making better, more inspired decisions in your life Like optimism, intuition can be cultivated. Research has shown that contrary to popular opinion intuition isn't something we are born with and it doesn't come naturally to everyone. Intuition is a skill that we can learn and we can get better at it the more we practise. Drawing on science, psychology and Theresa's techniques this book offers 21 simple and proven daily rituals to help you tune into your inner wisdom and start making better decisions in your life today. Following on from the success of 21 Rituals to Change your Life readers will be encouraged to follow a daily ritual plan for a period of at least 21 days. Research shows that it takes around three weeks to ensure a daily ritual becomes entrenched at a neural level and is therefore powerful enough to change your life for the better. Each of the intuition-boosting rituals are simple and easy to understand and can be incorporated into everyday life in a matter of moments. Most importantly they are enjoyable and rewarding, with, external benefits or internal insights becoming obvious within days. Combining science, esoteric arts, the power of ritual and the accessibility of popular psychology, this easy-to-read guide will engage, motivate and inspire.

Food and Intuition 101, Volume 1

Awakening Intuition

George Ohsawa Macrobiotic

Practical Intuition

Practical Tools for Harnessing the Power of Your Instinct

"Available to every one of us, intuition is a natural gift that can guide us in our lives. Practical Intuition sheds the mystique and shows you commonsense ways to access this wonderful resource. This fascinating book will teach you how to awaken your intuition and how to recognize your individual 'voice.' Whether you are looking to improve your career opportunities, gain financial stability or enhance personal relationships, Practical Intuition will help you train your natural instinct into a powerful asset"--Back cover.

The Path of Intuition

Your Guidebook for Life's Journey

Lively Spirit Making Sense of Your World . . . From a very early age, Anne Salisbury saw and heard things that no one around her did. In church one morning, not understanding what the minister was saying, All That Is spoke up. "Jesus didn't say that . . ." Anne Salisbury and Greg Meyerhoff have brought the words of All That Is to you through Anne's extensive channelings. They help you find welcomed solutions to challenging situations so you can make decisions with confidence, ease and joy. Access your intuition and higher wisdom. Discover answers to life's questions. Get unstuck and move ahead on your path. "You will find rich questions and essential answers in The Path of Intuition." -C. Norman Shealy, MD, PhD, author of Energy Medicine "In this brilliant book of questions,

you are propelled on your own quest for answers. Tackling these questions is brave and necessary for living a full life." -James Wanless, PhD, author of Voyager Tarot "These conversations with All That Is help us remember who we are. They show us how to use our intuition and create what we want in our world." -Elmer Green, PhD, author of Beyond Biofeedback "This book is life changing. It helps us love ourselves and create with joy." -Stanley Krippner, PhD, author of Demystifying Shamans and their World