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KEY=TANIA - FAULKNER BRYAN

Backwards in High Heels

The Impossible Art of Being Female

HarperCollins UK The world is a fraught place for the contemporary female. Working mothers are still expected to make their children's costumes for the school play, despite the fact that home economics was abolished in the Seventies; we're told it's not looks but brains that count, and yet if we dare to leave the house looking vaguely our age we're made to feel like failures; women's magazines run earnest articles about the evils of size 00 culture, only to feature models with hips like 10-year-old boys a few pages later; we pay the same level of taxation as men, and yet on average we earn 25% less. So, this book - a book for women who never got around to perfecting the art of domestic divinity but would quite like to be able to cook supper for six without having a nervous breakdown; who never quite mastered Cosmo's 101 ways to please your man, but don't want the embarrassment, not to say inconvenience, of him running off with a 19-year-old Russian supermodel. It's your mother, your best friend, your guru and your shrink wrapped up in book form, with jokes. It's the antidote to every stupid, boring, reductive magazine article you've ever read, or every silly, hair-twirling, chick lit confection about girls called Arabella who marry bankers and live in Gstaad. It's for women who love their children but don't want them to run their lives; and for women who love their lives and won't have them run by children. It's about revising expectations, exploding myths and generally dealing with all that life, love and other people have to throw at you.

New Books on Women and Feminism

New Books on Women, Gender and Feminism

Don't Ask Me why

Hellblazer by Garth Ennis Omnibus

Written by Preacher co-creator Garth Ennis, Hellblazer by Garth Ennis Omnibus Vol. 1 collects the game changing stories that breathed new life into the fan favorite character, John Constantine. John Constantine is dying. As a sorcerer literally haunted by the demons of his past, John is no stranger to mystic bedevilment or supernatural horror. But it's his chain smoking that ultimately brings death to Constantine's front door. Between this, and investigations of a grisly serial murderer and strategies against the Lord of Hell, there is no rest for the wicked. Especially when your name is John Constantine. Written by Garth Ennis (Preacher, Punisher MAX) with art by fan favorites Steve Dillon (Preacher, Punisher MAX) Hellblazer by Garth Ennis Omnibus Vol. 1 brings together Ennis' entire run for the first time! Collects Hellblazer #41-50, #52-83, #129-131, Vertigo Jam #1, Hellblazer Special #1, Heartland #1, Vertigo: Winter's Edge #2

Female Chauvinist Pigs

Woman and the Rise of Raunch Culture

Simon and Schuster Today's young women seem to be outdoing the male chauvinist pigs of yesteryear, applauding the 'pornification' of other women, and themselves. This is a world where simulating sex for baying crowds of men on shows like Girls Gone Wild and going to lapdancing clubs - as patrons - is seen as a short cut to cool. Ariel Levy says the joke's on the women if they think this is progress. She tears apart the myth of this new brand of 'empowered woman' and refuses a culture-wide obligation for women to act and look like porn stars. This terrifically witty and wickedly intelligent book makes the case that the rise of raunch does not represent how far women have come - it proves only how far women have left to go.

Busting The Myths Of Mars And Venus

Gender: Reality, Myth or Disaster

Next Chapter Down to Earth: Busting the Myths of Mars and Venus blasts the lid off the myths of gender roles and stereotypes, and the damage they do to people and our planet. The book also offers strategies for changing the lives of women and men, girls and boys, for the better. Veronica Schwarz tells it like it is, with blistering clarity, anecdotes, statistics and humor, highlighting the points with her own illustrations. Busting The Myths of Mars and Venus is the result of ten years of research in fields ranging from anthropology to sociology, history to literature, folklore to psychology, medicine and neuroscience, myth, philosophy and religion. It offers you, the reader, an unforgettable experience and can change your life. Once you see it, you will never unsee it.

Picture-Book Professors

Academia and Children's Literature

Cambridge University Press How is academia portrayed in children's literature? This Element ambitiously surveys fictional professors in texts marketed towards children, who are overwhelmingly white and male, tending to be elderly scientists. Professors fall into three stereotypes: the vehicle to explain scientific facts, the baffled genius, and the evil madman. By the late twentieth century, the stereotype of the male, mad, muddlehead, called Professor SomethingDumb, is formed in humorous yet pejorative fashion. This Element provides a publishing history of the role of academics in children's literature, questioning the book culture which promotes the enforcement of stereotypes regarding intellectual expertise in children's media. This title is also available, with additional material, as Open Access.

Liquid Life: On Non-Linear Materiality

If we lived in a liquid world, the concept of a "machine" would make no sense. Liquid life is metaphor and apparatus that discusses the consequences of thinking, working, and living through liquids. It is an irreducible, paradoxical, parallel, planetary-scale material condition, unevenly distributed spatially, but temporally continuous. It is what remains when logical explanations can no longer account for the experiences that we recognize as part of "being alive." Liquid life references a third-millennial understanding of matter that seeks to restore the agency of the liquid soul for an ecological era, which has been banished by reductionist, "brute" materialist discourses and mechanical models of life. Offering an alternative worldview of the living realm through a "new materialist" and "liquid" study of matter, it conjures forth examples of creatures that do not obey mechanistic concepts like predictability, efficiency, and rationality. With the advent of molecular science, an increasingly persuasive ontology of liquid technologies can be identified. Through the lens of lifelike dynamic droplets, the agency for these systems exists at the interfaces between different fields of matter/energy that respond to highly local effects, with no need for a central organizing system. Liquid Life seeks an alternative partnership between humanity and the natural world. It provokes a re-invention of the languages of the living realm to open up alternative spaces for exploration: Rolf Hughes' "angelology" of language explores the transformative invocations of prose poetry, and Simone Ferracina's graphical notations help shape our concepts of metabolism, upcycling, and designing with fluids. A conceptual and practical toolset for thinking and designing, Liquid Life reunites us with the irreducible "soul substance" of living things, which will neither be simply "solved," nor go away. Rachel Armstrong is Professor of Experimental Architecture at Newcastle University (UK), and has also been a Rising Waters II Fellow for the Robert Rauschenberg Foundation (April-May 2016), TWOTY futurist in 2015, Fellow of the British Interplanetary Society, and a Senior TED Fellow in 2010. She is also the coordinator of the Living Architecture project, an EU-funded project that establishes the principles for our buildings to share some of the properties of living things, e.g. metabolism, operating at the intersection of architecture, building construction, bio-energy and synthetic biology. She is also the author of Vibrant Architecture (De Gruyter, 2015), Star Ark: A Living, Self-Sustaining Spaceship (Springer, 2017), and Soft Living Architecture: An Alternative View of Bio-informed Design Practice (Bloomsbury, 2018).

Pollock

Taschen Looks at the works of the American modern artist.

Mindful Partners

The Zen Art and Science of Working with Animals

Outskirts Press Many of us dream of being like Dr. Dolittle, able to speak joyfully with animals. Now you can bring that dream to life! In Mindful Partners: The Zen art and science of working with animals, Dr. Jenifer Zeligs takes you on a transformative journey to the deepest level of connection with animals. Dr. Zeligs combines breakthroughs in behavioral sciences with centuries of contemplative wisdom, guiding readers to see behavior as it fundamentally exists and how actions and reactions are born, practiced, and altered. She teaches the reader to use mindfulness to develop a special kind of partnership in which both parties share a mutually beneficial connection. The book is filled with intimate and amusing accounts of Dr. Zeligs' 40-year history of partnerships across the animal kingdom—from improving the welfare of horses and dogs to filming wild whales using trained sea lions. It teaches you to partner with any animal to create a strong connection, establish interspecies communication, develop calm behavior, respond when things go wrong, reduce aggression, build confidence, overcome fears, and motivate without causing stress. This is an empowering guide to connecting with animals, drawing on the best of science, as well as traditions of inspirational wisdom.

The Great Big Glorious Book for Girls

Penguin UK A glorious, comprehensive and illustrated celebration of girlhood, from personal pampering to practical jokes All girls know that there's more to them than just make-up and gossiping - although they're not averse to a bit of both. Boys aren't the only ones to like a little danger and adventure and they certainly aren't the only ones who know how to seize fun wherever they can find it. Great Big Glorious Book for Girls covers every element of girlhood, from the luxurious pampering of a home-made spa to hands-on skills, challenges and hobbies in the great outdoors. If you've never quite mastered the perfect French plait, if you need a dastardly trick to keep your pesky brother in line, or if you're searching for the perfect friendship bracelet design for your best friend, delve into this bible of girlhood and discover all the other treats waiting inside. This glorious book will provide inspiration, come rain or shine, to girls of all ages.

Lamps in the Whirlpool

Double Kiss

Pan Macmillan Double Kiss is the fast-paced, thrilling sequel to Framed, by snooker champion Ronnie O'Sullivan The race is on. The stakes are high. Frankie James thought his troubles were behind him. He's busy running his Soho Club, and his brother's finally out of prison. But when a postcard arrives from Mallorca, he's stopped in his tracks . . . Is it from his mother - the woman who's been missing for eight years? When the goddaughter of London's fiercest gangster, Tommy Riley, goes missing in Ibiza, Tommy knows there's one man for the job - Frankie James. Just when Frankie was on the straight and narrow, he's now faced with an impossible choice. If he agrees to help find Tanya, he'll be thrown into a world of danger. If he doesn't, Tommy could destroy him. For Frankie James, old habits die hard. One thing's for sure, playing with this gang is no game. But with everything at stake, how can Frankie say no?

Batman by Paul Dini Omnibus

"Batman created by Bob Kane with Bill Finger; Harley Quinn created by Paul Dini and Bruce Timm."

Regulating Content on Social Media

Copyright, Terms of Service and Technological Features

UCL Press How are users influenced by social media platforms when they generate content, and does this influence affect users' compliance with copyright laws? These are pressing questions in today's internet age, and *Regulating Content on Social Media* answers them by analysing how the behaviours of social media users are regulated from a copyright perspective. Corinne Tan, an internet governance specialist, compares copyright laws on selected social media platforms, namely Facebook, Pinterest, YouTube, Twitter and Wikipedia, with other regulatory factors such as the terms of service and the technological features of each platform. This comparison enables her to explore how each platform affects the role copyright laws play in securing compliance from their users. Through a case study detailing the content generative activities undertaken by a hypothetical user named Jane Doe, as well as drawing from empirical studies, the book argues that – in spite of copyright's purported regulation of certain behaviours – users are 'nudged' by the social media platforms themselves to behave in ways that may be inconsistent with copyright laws. Praise for *Regulating Content on Social Media* 'This book makes an important contribution to the field of social media and copyright. It tackles the real issue of how social media is designed to encourage users to engage in generative practices, in a sense effectively "seducing" users into practices that involve misuse or infringement of copyright, whilst simultaneously normalising such practices.' Melissa de Zwart, Dean of Law, Adelaide Law School, Australia "This timely and accessible book examines the regulation of content generative activities across five popular social media platforms – Facebook, Pinterest, YouTube, Twitter and Wikipedia. Its in-depth, critical and comparative analysis of the platforms' growing efforts to align terms of service and technological features with copyright law should be of great interest to anyone studying the interplay of law and new media." Peter K. Yu, Director of the Center for Law and Intellectual Property, Texas A&M University

Sacred Spaces

Communion with the Horse Through Science and Spirit

Are there silent, yet powerful, ingredients missing from most horse training techniques and riding instruction? In her research of horsemen and women who appear to have a gift with horses, Dr. Fay outlines the invisible things these equestrians do that make their interactions with horses appear effortless. As a research scientist and life-long equestrian, Dr. Fay spent more than two decades searching for scientific explanations for why some people are able to develop seemingly spiritual relationships with horses. She discovered that equestrians with this gift merely know how to use their natural abilities in a way that most of us were never taught. These abilities already exist inside of each one of us, so we merely need understand how to use them. But we also need to be willing to open our eyes and hearts and let go of what we believe is possible. Within the pages of this book, you will gain insights into how you can develop your gift with horses. You will learn how you are unconsciously "talking" to your horse through your mind and body. But more importantly, you will see how easy it is to turn these unconscious conversations into ones that are meaningful to your horse. This is not a book about animal communication. Instead, this is a guide to using the energy field, along with the power of your own mind and body to influence your horse in a gentle and quiet, yet highly effective way. The principles presented in this book work regardless of the type of horse you have or the discipline you ride. There is no need for special training gadgets because you already have everything you need. Once you begin to implement the principles and see the profound changes in yourself and your horse, you may never view traditional horse-training methods in the same way. Through real life stories and simple exercises, Dr. Fay guides readers to a greater awareness of their untapped abilities. She teaches us how to use our innate gifts to create a sacred space where communion with the horse occurs naturally and spontaneously.

Transdisciplinary Theory, Practice and Education

The Art of Collaborative Research and Collective Learning

Springer This exciting new state-of-the art book reviews, explores and advocates ways in which collaborative research endeavours can, through a transdisciplinary lens, enhance student, academic and social experiences. Drawing from a wide range of knowledges, contexts, geographical locations and internationally renowned expertise, the book provides a unique look into the world of transdisciplinary thinking, collaborative learning and action. In doing so, the book is action orientated, reflective, theoretical and intriguing and provides a place for all of these to meet and mingle in the spirit of curiosity and imagination.

The Exquisite Book

100 Artists Play a Collaborative Game

Chronicle Books In *The Exquisite Book*, one hundred indie artists play an ingenious version of the Exquisite Corpse drawing game. Each adorns a page with artwork having seen only the page of the artist immediately prior and using a single horizon line to connect the two. Some continue the "story" quite literally while others build on the previous page in more fanciful ways. This astonishing volume's format is as unique as its content, with each of the book's ten chapters residing on a ten-page accordion pull-out, allowing readers to view the art continuously. With an illustrated foreword by Dave Eggers, and art from such luminaries as James Jean and Jill Bliss, this charming book is, simply, exquisite.

Power Girl

Aliens and Apes

Dc Comics Born on a distant planet, Kara Zor-L is looking for a fresh start in a place renowned for giving people a second chance: New Yourk City! But its newest, super-powered protector isn't the only one with big-city dreams ... A terrifying storm turns Manhattan into a nightmare when it's besieged by fear-inducing robots. In no time, Power Girl's life goes from zero to crazy, and that's only the first wave of the Ultra-Humanite's insane assault! With the fate of her new home hanging in the balance, can Power Girl dissuade her brilliant enemy and a trio of party-crashing, alien marauders from taking a bite out of the Big Apple? The action never stops in the city that doesn't sleep!

Probability and Statistical Inference

Macmillan College This user-friendly introduction to the mathematics of probability and statistics (for readers with a background in calculus) uses numerous applications--drawn from biology, education, economics, engineering, environmental studies, exercise science, health science, manufacturing, opinion polls, psychology, sociology, and sports--to help explain and motivate the concepts. A review of selected mathematical techniques is included, and an accompanying CD-ROM contains many of the figures (many animated), and the data included in the examples and exercises (stored in both Minitab compatible format and ASCII). Empirical and Probability Distributions. Probability. Discrete Distributions. Continuous Distributions. Multivariable Distributions. Sampling Distribution Theory. Importance of Understanding Variability. Estimation. Tests of Statistical Hypotheses. Theory of Statistical

[Inference. Quality Improvement Through Statistical Methods. For anyone interested in the Mathematics of Probability and Statistics.](#)

Strategies for Supporting Inclusion and Diversity in the Academy

Higher Education, Aspiration and Inequality

[Springer Nature](#) This book explores tried and tested strategies that support student and faculty engagement and inclusion in the academy. These strategies are anchored by a brief exploration of the history and effect/s of exclusion and deprivilege in higher education. However, while many publications exploring academic inequality focus on the causes and impacts of structural, psychological and cultural exclusion based on racism, sexism, classism and ableism, they rarely engage in interventions to expose and combat such de/privilege. Capturing examples of inclusive practices that are as diverse as student and faculty populations, these strategies can be easily translated and employed by organisations, collectives and individuals to recognise and combat social and academic exclusion within higher education environments.

Abraham Lincoln

[DK Publishing \(Dorling Kindersley\)](#) A biography of the great Civil War president of the United States, Abraham Lincoln, including illustrations of people, places, and artifacts of the times.

Fight on

[Casemate Publishers and Book Distributors](#) Today, decide to trust yourself. Decide to believe in your heart. Tell the small voice inside you're giving it a chance. This vibrant gift book is a daily reminder for yourself or for any woman you love to be bold, be strong, and fight on.

Goodbye, Johnny Thunders

[Coronet](#) A story about a girl in London for the first time, who falls in love with a bad boy while trying to stay cool through a long hot summer.

The Art of Being

[Open Road Media](#) A guide to well-being from the renowned social psychologist and New York Times–bestselling author of *The Art of Loving* and *Escape from Freedom*. Though laptops, smartphones, and TVs have in many ways made life more convenient, they have also disconnected us from the real world. Days are spent going from screen to machine, machine to screen. In *The Art of Being*, renowned humanist philosopher and psychoanalyst Erich Fromm draws from sources as varied as Sigmund Freud, Buddha, and Karl Marx to find a new, centered path to self-knowledge and well-being. In order to truly live, Fromm argues, we must first understand our purpose, and the places where we lost it. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

How to Grow More Vegetables, Ninth Edition

(and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land with Less Water Than You Can Imagine

[Ten Speed Press](#) The world's leading resource on biointensive, sustainable, high-yield organic gardening is thoroughly updated throughout, with new sections on using 12 percent less water and increasing compost power. Long before it was a trend, *How to Grow More Vegetables* brought backyard ecosystems to life for the home gardener by demonstrating sustainable growing methods for spectacular organic produce on a small but intensive scale. *How to Grow More Vegetables* has become the go-to reference for food growers at every level, whether home gardeners dedicated to nurturing backyard edibles with minimal water in maximum harmony with nature's cycles, or a small-scale commercial producer interested in optimizing soil fertility and increasing plant productivity. In the ninth edition, author John Jeavons has revised and updated each chapter, including new sections on using less water and increasing compost power.

A Beautiful Obsession

Jimi Blake's World of Plants at Hunting Brook Gardens

[Jimi Blake](#) has spent 25 years collecting the most interesting plants he could get his hands on. At Hunting Brook, these come together in a unique fusion of funky foliage, perennial, and woodland styles to make a flamboyant, surprising, experimental garden that is overflowing with ideas for enthusiastic gardeners. Exotic-leaved plants from the Far East and South America rub shoulders with temperate perennials to excite the eye. Trees are pollarded, salvias and dahlias are present in abundance, and borders are unconstrained. Jimi's eagle eye for flaws means plants that don't quite cut the mustard are ruthlessly dispatched and the garden is constantly being scrutinized and reinvented. *A Beautiful Obsession* inspires new garden projects, rewrites the rule book about combining plants, and will have plant enthusiasts reaching for specialist nursery catalogues.

Exploring Gender and Sikh Traditions

[MDPI](#) This volume gathers scholars who focus on gender through a variety of disciplines and approaches to Sikh Studies. The intersections of religion and gender are here explored, based on an understanding that both are socially constructed. Far from being static, as so often presented in world religions textbooks, religious traditions are constantly in flux, responding to historical, cultural and social contexts. So too is 'the' Sikh tradition in terms of practices, ideologies, rituals, and notions of identity. We here conclude that 'a' Sikh tradition does not exist; instead, there are numerous forms thereof. In this volume, Sikhism is presented as a collection of 'Sikh traditions'. Gender studies—in line with women's liberation, masculine and feminist studies have long examined and have long deconstructed the patriarchy, but also move to identify other subordinate-dominant relations between individuals. Indeed, there are numerous forms of discrimination and power structures that simultaneously create a multiplicity of oppression. Intersectionality has become the basis of an increasingly systematized production of contemporary discourses on feminism and gender analysis, as is evidenced by the varied contributions in this volume.

Calling Us Home

Head of Zeus Ltd A blueprint for happiness which interweaves practical teachings, history, anecdote and ancestral wisdom.

The Cambridge Handbook of Copyright Limitations and Exceptions

Perspectives in Performing Arts Medicine Practice

A Multidisciplinary Approach

Springer Nature Performing Arts Medicine (PAM) is a growing area of specialization within the performing arts field, which addresses the multi-faceted health and wellness of performing artists. This sub-discipline within performing arts is interdisciplinary in nature, involving the expertise of performing arts educators and researchers, physicians and other health professionals. This first of its kind text appeals to a very wide audience that includes performing arts clinical practitioners and health science researchers as well as performing arts pedagogues and performing arts students. The first part of the text gives the reader an overview of the field and discusses over-arching themes and issues in PAM. Part two presents an array of music and dance research involving primarily case studies that address significant issues of concern for performing artists and have implications for pedagogical practice. Part three provides research-based perspectives derived from professionals sharing their in-practice experiences. Finally, part four describes useful PAM models of implementation supporting the needs of performing artists in different settings. Written by experts in the field, Perspectives in Performing Arts Medicine Practice is a valuable resource for performing arts physicians, educators and researchers.

The Story of Food

An Illustrated History of Everything We Eat

Dorling Kindersley Ltd From the fish that started a war to the pope poisoned with chocolate, discover the fascinating stories behind the origins, traditions, and uses of our food. Explore the tales, symbolism, and traditions that come wrapped up in the food on our plates - food that not only feeds our bodies but also makes up our culture. The Story of Food is a sumptuously illustrated exploration of our millennia-old relationship with nearly 200 foods. A true celebration of food in all its forms, this book explores the early efforts of humans in their quest for sustenance through the stories of individual foods. Covering all food types including nuts and grains, fruit and vegetables, meat and fish, and herbs and spices, this fascinating reference provides the facts on all aspects of a food's history. Discover how foods have become a part of our culture, from their origins and how they are eaten to their place in world cuisine today.

A Sense of Dread

Getting Under the Skin of Horror Screenwriting

A Sense of Dread features three main sections.1) A detailed examination of the biological, psychological, and cultural bases of fear. What fears do we share with animals? What fears are uniquely human? What fears have we learned from our culture? From our families? From our experiences growing up? And what, exactly, is the difference between fear and dread?2) Author Neal Marshall Stevens explores the fundamentals of storytelling and scriptwriting, including the basics of story structure, creating effective protagonists and antagonists, exposition and set-ups, and advice on writing dialogue.3) A Sense of Dread then combines these ideas to explore the roots of human fear and apply them to storytelling for the screen. "The Toolbox of Dread" outlines the techniques for creating terror on the page. A wide array of horror subgenres are also explored, including why they exist, and what challenges each presents to the horror screenwriter. It also offers guidance on adding horror elements to non-horror movies.Finally, we seek to answer the question many people ask: What are you afraid of?

Christ Church, Oxford

A Portrait of the House

Third Millenium Pub A beautifully illustrated anthology to celebrate nearly six centuries of the life and learning at Christ Church College, Oxford University.

How the Brain Works

The Facts Visually Explained

Dorling Kindersley Ltd Are men's and women's brains really different? Why are teenagers impulsive and rebellious? And will it soon be possible to link our brains together via the Cloud? Drawing on the latest neuroscience research, this visual guide makes the hidden workings of the human brain simple to understand. How the Brain Works begins with an introduction to the brain's anatomy, showing you how to tell your motor cortex from your mirror neurons. It moves on to function, explaining how the brain works constantly and unnoticed to regulate heartbeat and breathing, and how it collects information to produce the experiences of sight, sound, smell, taste, and touch. The chapters that follow cover memory and learning, consciousness and personality, and emotions and communication. There's also a guide to the brain's disorders, including physical problems, such as tumours and strokes, and psychological and functional disorders, ranging from autism to schizophrenia. Illustrated with bold graphics and step-by-step artworks, and peppered with bite-sized factoids and question-and-answer features, this is the perfect introduction to the fascinating world of the human brain.

The Cosmopolitans

Penguin UK Qayenaat is a drifting, solitary, sensitive figure at the edge of the Bangalore art scene. When world-famous artist Baban Reddy, once a young man who hung on her every word, returns to the city to show his latest artwork, all her old longings rise to the surface. Tired of being forever anxious and uncertain, she decides to be reckless, at least once. But an impulsive act of sabotage leads to some horrific consequences, setting Qayenaat off on the most unexpected journey of her life. Laced with wry humour and brimming with emotional insight, The Cosmopolitans is a poignant, powerful tale as well as a stimulating exploration of the idea of art and its place in our lives.

Effective Public Relations

Pearson/Education For courses in Introductory Public Relations. Cutlip & Center offers students the gold standard in public relations, providing the most up-to-date reference in the market. In the new edition, Glen Broom continues the work of Cutlip and Center by providing the most up-to-date reference for students.

Clinton Anderson's Downunder Horsemanship

Establishing Respect and Control for English and Western Riders

Trafalgar Square Books If you have seen his weekly television program, Downunder Horsemanship, then you know that Clinton Anderson's training techniques can achieve amazing results with almost any horse. Now his methods are available for the first time in a reader-friendly, highly illustrated book, and you, too, can learn the program that teaches "everyday people"—regardless of riding style, age, or ability—how to better communicate with their mounts.

Bergdorf Blondes

Penguin UK If you think Brazilian is a nationality, that PJ's are pyjamas and that Beyond is somewhere far away, then you have never met a Bergdorf Blonde. Plum Syke's heroine is British but has moved to America, working for a glossy magazine. She takes us with her into the glamorous world of Park Avenue Princesses who careen through New York in search of the ever elusive 'Fiance,' the perfect fake tan and that Chanel from the sample sale. In a fabulously witty style, Plum Sykes makes us root for her glorious heroine all the way from New York to the South of France and back by PJ (private jet.) She will get her Harry Winston and her Vera Wang wedding dress yet!