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## **KEY=TEN - TAPIA RHODES**

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### **PLAY-BASED INTERVENTIONS FOR CHILDHOOD ANXIETIES, FEARS, AND PHOBIAS**

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**Guilford Publications** *Illustrating the power of play for helping children overcome a wide variety of worries, fears, and phobias, this book provides a toolkit of play therapy approaches and techniques. Coverage encompasses everyday fears and worries in 3- to 12-year-olds as well as anxiety disorders and posttraumatic problems. Leading practitioners describe their approaches step by step and share vivid illustrative case material. Each chapter also summarizes the research base for the interventions discussed. Key topics include adapting therapy to each child's developmental level, engaging reluctant or less communicative clients, and involving parents in treatment.*

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## **THE CHILDREN OF MEN**

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**Vintage** *Told with P. D. James's trademark suspense, insightful characterization, and riveting storytelling, The Children of Men is a story of a world with no children and no future. The human race has become infertile, and the last generation to be born is now adult. Civilization itself is crumbling as suicide and despair become commonplace. Oxford historian Theodore Faron, apathetic toward a future without a future, spends most of his time reminiscing. Then he is approached by Julian, a bright, attractive woman who wants him to help get her an audience with his cousin, the powerful Warden of England. She and her band of unlikely revolutionaries may just awaken his desire to live . . . and they may also hold the key to survival for the human race.*

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## BOOKS KIDS WILL SIT STILL FOR 3

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### A READ-ALoud GUIDE

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**Libraries Unltd Incorporated** *Keep children on the edge of their seats with this guide to captivating read-alouds for grades K through 6. Tips on presentation and references to related titles help you plan effective programs and instill a love of books and reading.*

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### PREGNANCY DAY BY DAY

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**Penguin** *The complete guide to pregnancy, day-by-day No other pregnancy book provides this level of detail, allied with such extraordinary photographs, 3D scans and illustrations which reveal in unprecedented clarity exactly what is happening to you and your baby every single day. From early fetal development to how your hormones prepare you for birth, learn from world-class experts. Plus, obstetricians, midwives and parents advise on your baby's development, medical matters, your changing body, diet, fitness and much more. A special hour-by-hour rundown of what to expect during and immediately after birth, plus further reassurance for the first two weeks of your baby's life, will give a helping hand through the culmination of your pregnancy, from pain relief to those first intimate and unique moments between you and your child.*

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### DYLAN THE DRAGON & THE PLAYGROUND RIDE

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*In this classic tale, Dylan learns to make friends despite obstacles. And when the happily ever after arrives, both the dragon and the reader have learnt a thing or two about relationships.*

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### PAPA, PLEASE GET THE MOON FOR ME

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#### LAP EDITION

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**Simon and Schuster** *In a book with foldout pages, Monica's father fulfills her request for the moon by taking it down after it is small enough to carry, but it continues to change in size.*

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### WHEN WE MAKE IT

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### A NUYORICAN NOVEL

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**Penguin** *"The energy. The clarity. The beauty. Elisabet Velasquez brings it all. . . . Her voice is FIRE!"—NYT bestselling and award-winning author Jacqueline Woodson An unforgettable, torrential, and hopeful debut young adult novel-in-verse that redefines what it means to "make it," for readers of Nicholasa Mohr and Elizabeth Acevedo. Sarai is a first-generation Puerto Rican question asker who can see with clarity the truth, pain, and beauty of the world both inside and outside her Bushwick apartment. Together with her older sister, Estrella, she navigates the strain of family traumas and the systemic pressures of toxic masculinity and housing insecurity in a rapidly gentrifying Brooklyn. Sarai questions the society around her, her Boricua*

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identity, and the life she lives with determination and an open heart, learning to celebrate herself in a way that she has long been denied. *When We Make It* is a love letter to anyone who was taught to believe that they would not make it. To those who feel their emotions before they can name them. To those who still may not have all the language but they have their story. Velasquez' debut novel is sure to leave an indelible mark on all who read it.

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## MILLIONS OF MAXES

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**Penguin** Max discovers that uniqueness is more than just a name, in this funny, lively picture book debut by the bestselling author of *The Interestings*. Max's room has his name all over it--on his blanket and night light and wall. His parents call him *The One and Only Max*. And so, he is in for a big surprise at the playground one day, when he hears "Max, time to go home!" and two other kids come running. He's not the one and only after all! How many Maxes are in the world?! Millions of Maxes? But when he decides to help one of the other Maxes find her missing toy, he discovers that there are other ways to be special, and that he can appreciate the specialness of his new Max friends just as much as his own. That night he dreams of the future adventures he'll have with all of the Maxes he has yet to meet.

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## DIFFERENT KINDS OF FRUIT

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**Penguin** In this funny and hugely heartfelt novel from the Newbery Honor-winning author of *Too Bright to See*, a sixth-grader's life is turned upside down when she learns her dad is trans Annabelle Blake fully expects this school year to be the same as every other: same teachers, same classmates, same, same, same. So she's elated to discover there's a new kid in town. To Annabelle, Bailey is a breath of fresh air. She loves hearing about their life in Seattle, meeting their loquacious (and kinda corny) parents, and hanging out at their massive house. And it doesn't hurt that Bailey has a cute smile, nice hands (how can someone even have nice hands?) and smells really good. Suddenly sixth grade is anything but the same. And when her irascible father shares that he and Bailey have something big--and surprising--in common, Annabelle begins to see herself, and her family, in a whole new light. At the same time she starts to realize that her community, which she always thought of as home, might not be as welcoming as she had thought. Together Annabelle, Bailey, and their families discover how these categories that seem to mean so much—boy, girl, gay, straight, fruit, vegetable—aren't so clear-cut after all.

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## AS YOU LIKE IT

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## A COMEDY

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## THE COLOR PURPLE

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**Penguin** Winner of the Pulitzer Prize and the National Book Award, Alice Walker's iconic modern classic, now in a beautiful 40th anniversary Penguin Vitae edition with a foreword by Kiese Laymon A Penguin Classic Hardcover A powerful cultural touchstone of modern American literature, *The Color Purple* depicts the lives of African American women in early twentieth-century rural Georgia. Separated as girls,

sisters Celie and Nettie sustain their loyalty to and hope in each other across time, distance and silence. Through a series of letters spanning twenty years, first from Celie to God, then the sisters to each other despite the unknown, the novel draws readers into its rich and memorable portrayals of Celie, Nettie, Shug Avery and Sofia and their experience. *The Color Purple* broke the silence around domestic and sexual abuse, narrating the lives of women through their pain and struggle, companionship and growth, resilience and bravery. Deeply compassionate and beautifully imagined, Alice Walker's epic carries readers on a spirit-affirming journey toward redemption and love.

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## HUIS CLOS

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The full French text of Sartre's novel is accompanied by French-English vocabulary. Notes and a detailed introduction in English put the work in its social and historical context.

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## THE SELFISH CROCODILE

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**A&C Black** All of the animals are afraid of the Selfish Crocodile - he never let's them into his river, and he's always so snappy! And so when the Selfish Crocodile finds himself in terrible pain, no-one wants to help him - after all, what if he gobbles them up? But, to everyone's surprise, there is one animal in the forest who is willing to help . . . A brilliant tale of friendship, *The Selfish Crocodile* has become a picture book classic.

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## YOUNG INVESTIGATORS

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### THE PROJECT APPROACH IN THE EARLY YEARS

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**Teachers College Press** This bestselling book has been completely updated and expanded to help teachers use the project approach in child care centers, in preschools, and in kindergarten, 1st grade, and early childhood special education classrooms. For those new to using projects, the book introduces the approach and provides step-by-step guidance for conducting meaningful projects. Experienced teachers will find the teacher interviews, children's work, photographs (including full colour), and teacher journal entries used to document the project process in actual classrooms very useful. This popular, easy-to-use resource has been expanded to include these new features: explicit instructions and examples for incorporating standards into the topic selection and planning process; a variety of nature experiences, with examples that show how project work is an excellent way to connect children to the natural world; an update of the use of technology for both documentation and investigations, including use of the Web as well as and video and digital cameras; and more toddler projects that reflect our increased knowledge from recent mind/brain research about toddler understanding and learning.

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## JUST TRY ONE BITE

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**Penguin** An instant New York Times bestseller! From the bestselling author of *Go the \*\*\*\* to Sleep* and healthy eating advocate Camila Alves McConaughey comes a

*whimsical role reversal in which picky eater parents are confronted by their three kids, with hilarious results These three kids are determined to get their parents to put down the ice cream, cake, and chicken fried steak to just try one bite of healthy whole foods. But it's harder than it looks when these over-the-top gagging, picky parents refuse to give things like broccoli and kale a chance. Kids will love the jaunty rhyme that's begging to be read aloud and the opportunity to be way smarter—and healthier—than their parents.*

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## **POPULAR SCIENCE**

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*Popular Science gives our readers the information and tools to improve their technology and their world. The core belief that Popular Science and our readers share: The future is going to be better, and science and technology are the driving forces that will help make it better.*

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## **IMMUNISATION AGAINST INFECTIOUS DISEASES**

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**The Stationery Office** *This is the third edition of this publication which contains the latest information on vaccines and vaccination procedures for all the vaccine preventable infectious diseases that may occur in the UK or in travellers going outside of the UK, particularly those immunisations that comprise the routine immunisation programme for all children from birth to adolescence. It is divided into two sections: the first section covers principles, practices and procedures, including issues of consent, contraindications, storage, distribution and disposal of vaccines, surveillance and monitoring, and the Vaccine Damage Payment Scheme; the second section covers the range of different diseases and vaccines.*

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## **PUSHING UP THE SKY**

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## **SEVEN NATIVE AMERICAN PLAYS FOR CHILDREN**

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**Dial Books** *Uses drama to tell seven different stories from Native American traditions including the Abenaki, Ojibway, Cherokee, Cheyenne, Snohomish, Tlingit, and Zuni.*

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## **NINETEEN EIGHTY-FOUR**

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**epubli** *"Nineteen Eighty-Four: A Novel", often published as "1984", is a dystopian social science fiction novel by English novelist George Orwell. It was published on 8 June 1949 by Secker & Warburg as Orwell's ninth and final book completed in his lifetime. Thematically, "Nineteen Eighty-Four" centres on the consequences of totalitarianism, mass surveillance, and repressive regimentation of persons and behaviours within society. Orwell, himself a democratic socialist, modelled the authoritarian government in the novel after Stalinist Russia. More broadly, the novel examines the role of truth and facts within politics and the ways in which they are manipulated. The story takes place in an imagined future, the year 1984, when much of the world has fallen victim to perpetual war, omnipresent government surveillance, historical negationism, and propaganda. Great Britain, known as Airstrip One, has become a province of a totalitarian superstate named Oceania that is ruled*

by the Party who employ the Thought Police to persecute individuality and independent thinking. Big Brother, the leader of the Party, enjoys an intense cult of personality despite the fact that he may not even exist. The protagonist, Winston Smith, is a diligent and skillful rank-and-file worker and Outer Party member who secretly hates the Party and dreams of rebellion. He enters into a forbidden relationship with a colleague, Julia, and starts to remember what life was like before the Party came to power.

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## LSD, MY PROBLEM CHILD

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### REFLECTIONS ON SACRED DRUGS, MYSTICISM, AND SCIENCE

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**Multidisciplinary Assn for** *This is the story of LSD told by a concerned yet hopeful father, organic chemist Albert Hofmann. He traces LSDs path from a promising psychiatric research medicine to a recreational drug sparking hysteria and prohibition. We follow Dr. Hofmanns trek across Mexico to discover sacred plants related to LSD, and listen in as he corresponds with other notable figures about his remarkable discovery. Underlying it all is Dr. Hofmanns powerful conclusion that mystical experience may be our planets best hope for survival. Whether induced by LSD, meditation, or arising spontaneously, such experiences help us to comprehend the wonder, the mystery of the divine in the microcosm of the atom, in the macrocosm of the spiral nebula, in the seeds of plants, in the body and soul of people. Now, more than sixty years after the birth of Albert Hofmanns problem child, his vision of its true potential is more relevant, and more needed, than ever.*

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## THE WAR THAT SAVED MY LIFE

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**Penguin** \* Newbery Honor Book \* #1 New York Times Bestseller \* Winner of the Schneider Family Book Award \* Wall Street Journal Best Children's Books of the Year \* New York Public Library's 100 Books for Reading and Sharing An exceptionally moving story of triumph against all odds set during World War II, from the acclaimed author of *Fighting Words*, and for fans of *Fish in a Tree* and *Number the Stars*. Ten-year-old Ada has never left her one-room apartment. Her mother is too humiliated by Ada's twisted foot to let her outside. So when her little brother Jamie is shipped out of London to escape the war, Ada doesn't waste a minute—she sneaks out to join him. So begins a new adventure for Ada, and for Susan Smith, the woman who is forced to take the two kids in. As Ada teaches herself to ride a pony, learns to read, and watches for German spies, she begins to trust Susan—and Susan begins to love Ada and Jamie. But in the end, will their bond be enough to hold them together through wartime? Or will Ada and her brother fall back into the cruel hands of their mother? This masterful work of historical fiction is equal parts adventure and a moving tale of family and identity—a classic in the making. "Achingly lovely...Nuanced and emotionally acute."—*The Wall Street Journal* "Unforgettable...unflinching."—*Common Sense Media* ★ "Brisk and honest...Cause for celebration."—*Kirkus*, starred review ★ "Poignant."—*Publishers Weekly*, starred review ★ "Powerful."—*The Horn Book*, starred review "Affecting."—*Booklist* "Emotionally satisfying...[A] page-turner."—*BCCB* "Exquisitely written...Heart-lifting."

—SLJ "Astounding...This book is remarkable."—Karen Cushman, author *The Midwife's Apprentice* "Beautifully told."—Patricia MacLachlan, author of *Sarah, Plain and Tall* "I read this novel in two big gulps."—Gary D. Schmidt, author of *Okay for Now* "I love Ada's bold heart...Her story's riveting."—Sheila Turnage, author of *Three Times Lucky*

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## PLENTY OF HUGS

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**Penguin** *Two mommies spend a sunny day with their toddler in this cozy, rhyming picture book that is a loving celebration of family. This cheerful book follows a family from morning to night in lively rhyme that rolls off the tongue. There's a buzz for each bug, and a breeze for each tree, and plenty of hugs for you and me. The toddler and mommies take a morning bike ride to a farm stand, they visit a zoo in the afternoon, and in the evening there's the bath and storybook routine before the child is tucked cozily into bed. There are seas for ships and kisses for lips, so we can whisper I love you! This is sure to become a preschool favorite, for bedtime and any time.*

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## WHY DO DOGS BARK?

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**Dial** *Questions and answers present information about the origins, behavior, and characteristics of dogs and their interaction with humans.*

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## TOM'S MIDNIGHT GARDEN

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**Oxford University Press - Children** *When Tom is sent to stay at his aunt and uncle's house for the summer, he resigns himself to endless weeks of boredom. As he lies awake in his bed he hears the grandfather clock downstairs strike . . . eleven . . . twelve . . . thirteen . . . Thirteen! Tom races down the stairs and out the back door, into a garden everyone told him wasn't there. In this enchanted thirteenth hour, the garden comes alive - but Tom is never sure whether the children he meets there are real or ghosts . . . This entrancing and magical story is one of the best-loved children's books ever written.*

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## BOBBY AND MANDEE'S GOOD TOUCH/BAD TOUCH

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## CHILDREN'S SAFETY BOOK

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**Future Horizons** *Introduces the topic of sexual abuse, and how children can protect themselves. Includes questions to gauge the child's understanding, and tips for parents.*

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## TOO BRIGHT TO SEE

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**Penguin** *A Newbery Honor Book • Winner of the Stonewall Book Award • A National Book Award Finalist "A gentle, glowing wonder, full of love and understanding." -The New York Times Book Review Cover may vary. It's the summer before middle school and eleven-year-old Bug's best friend Moira has decided the two of them need to use the next few months to prepare. For Moira, this means figuring out the right clothes to wear, learning how to put on makeup, and deciding which boys are cuter in their*

yearbook photos than in real life. But none of this is all that appealing to Bug, who doesn't particularly want to spend more time trying to understand how to be a girl. Besides, there's something more important to worry about: A ghost is haunting Bug's eerie old house in rural Vermont...and maybe haunting Bug in particular. As Bug begins to untangle the mystery of who this ghost is and what they're trying to say, an altogether different truth comes to light--Bug is transgender.

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## **GOOD NIGHT, MR. TOM**

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**Harper Collins** London is poised on the brink of World War II. Timid, scrawny Willie Beech -- the abused child of a single mother -- is evacuated to the English countryside. At first, he is terrified of everything, of the country sounds and sights, even of Mr. Tom, the gruff, kindly old man who has taken him in. But gradually Willie forgets the hate and despair of his past. He learns to love a world he never knew existed, a world of friendship and affection in which harsh words and daily beatings have no place. Then a telegram comes. Willie must return to his mother in London. When weeks pass by with no word from Willie, Mr. Tom sets out for London to look for the young boy he has come to love as a son.

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## **THE LADIES' BOOK OF ETIQUETTE, AND MANUAL OF POLITENESS**

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### **A COMPLETE HAND BOOK FOR THE USE OF THE LADY IN POLITE SOCIETY**

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## **LES MAINS SALES**

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First published in 1985. Routledge is an imprint of Taylor & Francis, an informa company.

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## **THIS MOMENT IS YOUR LIFE (AND SO IS THIS ONE)**

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## **A FUN AND EASY GUIDE TO MINDFULNESS, MEDITATION, AND YOGA**

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**Penguin** This lively, hands-on guide to meditation, mindfulness, and yoga is a perfect introduction for tweens and teens. Don't just do something, be here. The key to happiness is being able to find comfort in this moment, here and now. When you are completely present and not distracted by regrets, worries, and plans, even for a little while, you begin to feel more confident and can deal more easily with everything you experience. This is mindfulness: paying attention to this very moment, on purpose and without judgment--simply being present with curiosity. This engaging guide, packed with simple exercises and endearing full-color artwork, provides a handy starting point for bringing mindfulness into your daily life. Chapters on meditation, yoga, and mindful breathing explain the benefits of these practices, and you are free to pick and choose what to try. There are quick exercises throughout, and a more extensive tool kit at the end of each chapter. The final chapter offers satisfying five-day challenges that map out ways to pull all of the book's mindfulness techniques together in your day-to-day life. With the appeal of a workbook or guided journal, and full of examples relevant to tweens and teens today, this book will be your trusted companion as you begin the valuable, stress-

relieving work of being still with skill.

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## THE TWITS

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**Penguin UK** *One of Roald Dahl's funniest books for children. Mr and Mrs Twit are extremely nasty, so the Muggle-Wump monkeys and the Roly-Poly bird hatch an ingenious plan to give them just the ghastly surprise they deserve! This includes a whole new exciting end section about Roald Dahl and his world.*

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## WHEN STARS ARE SCATTERED

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**Faber & Faber** *Omar and his brother Hassan, two Somali boys, have spent a long time in the Dadaab refugee camp. Separated from their mother, they are looked after by a friendly stranger. Life in the camp isn't always easy. The hunger is constant . . . but there's football to look forward to, and now there's a chance Omar will get to go to school . . . With a heart-wrenching fairytale ending, this incredible true story is brought to life by Victoria's stunning illustrations. This book perfectly depicts life in a refugee camp for 8-12 year olds.*

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## GET UP!

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## WHY YOUR CHAIR IS KILLING YOU AND WHAT YOU CAN DO ABOUT IT

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**St. Martin's Press** *That the average adult spends 50 to 70 percent of their day sitting is no surprise to anyone who works in an office environment. But few realize the health consequences they are suffering as a result of modernity's increasingly sedentary lifestyle, or the effects it has had on society at large. In Get Up! , health expert James A. Levine's original scientific research shows that today's chair-based world, where we no longer use our bodies as they evolved to be used, is having negative consequences on our health, and is a leading cause of diabetes, cancer, and heart disease. Over the decades, humans have moved from a primarily active lifestyle to one that is largely sedentary, and this change has reshaped every facet of our lives—from social interaction to classroom design. Levine shows how to throw off the shackles of inertia and reverse these negative trends through simple changes in our daily lives.*

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## THE GIANT JUMPEREE

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**Dial Books** *Two of the world's most celebrated picture book creators, Julia Donaldson and Helen Oxenbury, team up for the first time in this jaunty animal fable for fans of The Gruffalo and We're Going on a Bear Hunt Rabbit arrives home one day to hear a loud voice coming from inside his burrow: "I'm the Giant Jumper and I'm scary as can be!" shouts the stranger. Rabbit's friends Cat, Bear, and Elephant come to help, but they're no match for the mysterious, booming voice. But who is the Giant Jumper? Find out in this new read-aloud classic from internationally bestselling author Julia Donaldson, beautifully brought to life by award-winning illustrator Helen Oxenbury.*

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## A MY NAME IS ALICE

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**Puffin Books** *Scenes illustrating the popular children's rhyme feature animals and objects that begin with the letters from A to Z.*

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## REWIRE YOUR BRAIN

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## THINK YOUR WAY TO A BETTER LIFE

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**John Wiley & Sons** *How to rewire your brain to improve virtually every aspect of your life-based on the latest research in neuroscience and psychology on neuroplasticity and evidence-based practices Not long ago, it was thought that the brain you were born with was the brain you would die with, and that the brain cells you had at birth were the most you would ever possess. Your brain was thought to be "hardwired" to function in predetermined ways. It turns out that's not true. Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. Written by a leader in the field of Brain-Based Therapy, it teaches you how to activate the parts of your brain that have been underactivated and calm down those areas that have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better relationships, and get a good night sleep. Reveals how cutting-edge developments in neuroscience, and evidence-based practices can be used to improve your everyday life Other titles by Dr. Arden include: Brain-Based Therapy-Adult, Brain-Based Therapy-Child, Improving Your Memory For Dummies and Heal Your Anxiety Workbook Dr. Arden is a leader in integrating the new developments in neuroscience with psychotherapy and Director of Training in Mental Health for Kaiser Permanente for the Northern California Region Explaining exciting new developments in neuroscience and their applications to daily living, Rewire Your Brain will guide you through the process of changing your brain so you can change your life and be free of self-imposed limitations.*

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## REZ DOGS

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**Penguin** *"Twelve-year-old Malian lives with her grandparents on a Wabanaki reservation during the COVID-19 pandemic"--*

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## HARRY POTTER AND THE ORDER OF THE PHOENIX

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**Bloomsbury Publishing** *Celebrate 20 years of Harry Potter magic! Dark times have come to Hogwarts. After the Dementors' attack on his cousin Dudley, Harry Potter knows that Voldemort will stop at nothing to find him. There are many who deny the Dark Lord's return, but Harry is not alone: a secret order gathers at Grimmauld Place to fight against the Dark forces. Harry must allow Professor Snape to teach him how to protect himself from Voldemort's savage assaults on his mind. But they are growing stronger by the day and Harry is running out of time. These new editions of the classic and internationally bestselling, multi-award-winning series feature instantly pick-up-able new jackets by Jonny Duddle, with huge child appeal, to bring*

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*Harry Potter to the next generation of readers. It's time to PASS THE MAGIC ON ...*

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**THE LAST GIFT OF TIME**

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**LIFE BEYOND SIXTY**

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**Bantam Dell Publishing Group** *The feminist writer and author of the Amanda Cross mystery series looks back on a youthful pledge to commit suicide at seventy, explaining why, given that her sixties have been her happiest decade, she decided not to take her life*

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**HOW TO GROW A DINOSAUR**

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**Penguin** *Provides practical advice for a young dinosaur when a baby brother arrives, such as the good news that he will be toddling soon, but the bad news that he will not know what is dangerous.*