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Behavioral Addictions Criteria, Evidence, and Treatment *Academic Press* "Behavioral Addictions is a timely landmark achievement and a must read for anyone interested in addictive and compulsive behavior and its treatment. Rosenberg and Feder have brought us leading addiction experts, who clearly present the growing evidence for including behavioral addictions in the DSM-5 and how best to treat them. While gambling is the first to be included in the DSM-5 chapter on substance related disorders, other behavioral addictions are likely to follow as evidence grows. This is the most important new textbook in addiction psychiatry in recent years." - Richard Frances MD, Founding President, American Academy of Addiction Psychiatry DSM-V broke new ground in May of 2013, designating a new disorder called "behavioral addiction." Clinicians immediately wanted to know: how is a behavioral addiction different from an impulse control disorder? What are the criteria for determining that some behaviors are addictions rather than impulses? What, if anything, does this mean in terms of effective treatment? Behavioral Addictions is the first and most authoritative text ever written on the subject of behavioral addictions. This comprehensive work explains the criteria used to determine addiction, the evidence for identifying assorted behaviors as addictions, and the evidence-based treatment for each. With contributions from preeminent experts covering an exhaustive list of behavioral addictions, this book is unique in its coverage of behavioral addictions, their criteria, and treatment. It is a valuable and timely resource for any clinician treating addictions. A guide to understanding the new DSM-V designation of behavioral addiction Defines the criteria for behavior to be considered an addiction designation Discusses the evidence for behaviors meeting addiction criteria Identifies what is now, likely will be, and is not a behavioral addiction per evidence Discusses behaviors formerly considered impulse control disorders Presents evidence-based treatment for each behavioral addiction

Psychological, Social, and Cultural Aspects of Internet Addiction *IGI Global* Addiction is a powerful and destructive condition impacting large portions of the population around the world. While typically associated with substances, such as drugs and alcohol, technology and internet addiction have become a concern in recent years as technology use has become ubiquitous. Psychological, Social, and Cultural Aspects of Internet Addiction is a critical scholarly resource that sheds light on the relationship between psycho-social variables and internet addiction. Featuring coverage on a broad range of topics such as human-computer interaction, academic performance, and online behavior, this book is geared towards psychologists, counselors, graduate-level students, and researchers studying psychology and technology use. **Internet Addiction A Handbook and Guide to Evaluation and Treatment** *Wiley* Internet Addiction: A Handbook and Guide to Evaluation and Treatment "This book provides cutting-edge coverage by expanding the field to include specific problems such as online gaming, cybersex addiction, and gambling addiction. Its extensive attention to dealing with adolescents is essential, given the rapid rise in media and technology use by both Net Generation young adults and iGeneration teenagers. I am thrilled to have this invaluable, comprehensive, well-written resource for my own work and recommend it to people who need to understand this unique form of addiction." —Dr. Larry Rosen, Past Chair and Professor of Psychology at California State University, Dominguez Hills, author of Rewired: Understanding the iGeneration and the Way They Learn and Me, MySpace, and I: Parenting the Net Generation "Our clients come to us when online pornography, video gaming, social networking, gambling, and surfing create untenable disruptions in their lives. If we do not understand what we are seeing and how to address it, we will not be able to provide the help they need. This book provides the practical information clinicians can use to assess and treat this growing problem." —Hilarie Cash, PhD, coauthor of Video Games and Your Kids: How Parents Stay in Control, and cofounder of reSTART: Internet Addiction Recovery Program "Internet Addiction: A Handbook and Guide to Evaluation and Treatment provides an integrated and current overview of the different types of Internet addiction-gaming addiction, gambling addiction, and cybersex addiction. The authors deserve ample praise in providing such a comprehensive and informative guide for Internet addiction." —Ran Tao, MD, Professor and Director, and Xiuqin Huang, MD, Associate Professor, Treatment Center for Internet Addiction, General Hospital of Beijing Military Region, China The first empirically informed reference for defining, assessing, diagnosing, and treating problematic Internet use Comprehensive and timely, Internet Addiction explores: Validated assessment tools to differentiate normal from compulsive patterns of computer and online usage The most addictive or problematic online activities Epidemiology and subtypes of Internet addiction such as online pornography, Internet gambling, and online gaming Current theories on the risk factors associated with the development of an addictive disorder related to Internet usage Evidence-based treatment strategies for helping clients of various ages, taking into account main presenting problems and individual situations and circumstances International in scope and empirically based, the cultural and global impact of this subject is discussed, introducing practitioners to the latest clinical implications, assessment methods, and treatment approaches in working with clients suffering from this emerging addictive disorder. **Internet Addiction A Handbook and Guide to Evaluation and Treatment** *John Wiley & Sons* Internet Addiction: A Handbook and Guide to Evaluation and Treatment "This book provides cutting-edge coverage by expanding the field to include specific problems such as online gaming, cybersex addiction, and gambling addiction. Its extensive attention to dealing with adolescents is essential, given the rapid rise in media and technology use by both Net Generation young adults and iGeneration teenagers. I am thrilled to have this invaluable, comprehensive, well-written resource for my own work and recommend it to people who need to understand this unique form of addiction." —Dr. Larry Rosen, Past Chair and Professor of Psychology at California State University, Dominguez Hills, author of Rewired: Understanding the iGeneration and the Way They Learn and Me, MySpace, and I: Parenting the Net Generation "Our clients come to us when online pornography, video gaming, social networking, gambling, and surfing create untenable disruptions in their lives. If we do not understand what we are seeing and how to address it, we will not be able to provide the help they need. This book provides the practical information clinicians can use to assess and treat this growing problem." —Hilarie Cash, PhD, coauthor of Video Games and Your Kids: How Parents Stay in Control, and cofounder of reSTART: Internet Addiction Recovery Program "Internet Addiction: A Handbook and Guide to Evaluation and Treatment provides an integrated and current overview of the different types of Internet addiction-gaming addiction, gambling addiction, and cybersex addiction. The authors deserve ample praise in providing such a comprehensive and informative guide for Internet addiction." —Ran Tao, MD, Professor and Director, and Xiuqin Huang, MD, Associate Professor, Treatment Center for Internet Addiction, General Hospital of Beijing Military Region, China The first empirically informed reference for defining, assessing, diagnosing, and treating problematic Internet use Comprehensive and timely, Internet Addiction explores: Validated assessment tools to differentiate normal from compulsive patterns of computer and online usage The most addictive or problematic online activities Epidemiology and subtypes of Internet addiction such as online pornography, Internet gambling, and online gaming Current theories on the risk factors associated with the development of an addictive disorder related to Internet usage Evidence-based treatment strategies for helping clients of various ages, taking into account main presenting problems and individual situations and circumstances International in scope and empirically based, the cultural and global impact of this subject is discussed, introducing practitioners to the latest clinical implications, assessment methods, and treatment approaches in working with clients suffering from this emerging addictive disorder. **Multifaceted Approach to Digital Addiction and Its Treatment** *IGI Global* With the internet, smartphones, and video games easily available to increasing portions of society, researchers are becoming concerned with the potential side effects and consequences of their prevalence in people's daily lives. Many individuals are losing control of their internet use, using it and other devices excessively to the point that they negatively affect their wellbeing as these individuals withdraw from social life and use their devices to escape from the pressure of the real world. As such, it is imperative to seek new methods and strategies for identifying and treating individuals with digital addictions. Multifaceted Approach to Digital Addiction and Its Treatment is an essential research publication that explores the definition and different types of digital addiction, including internet addiction, smartphone addiction, and online gaming addiction, and examines overall treatment approaches while covering sample cases by practitioners working with digital addiction. This book highlights topics such as neuroscience, pharmacology, and psychodynamics. It is ideal for psychologists, therapists, psychiatrists, counselors, health professionals, students, educators, researchers, and practitioners. **Digital Youth The Role of Media in Development** *Springer Science & Business Media* Youth around the world are fittingly described as digital natives because of their comfort and skill with technological hardware and content. Recent studies indicate that an overwhelming majority of children and teenagers use the Internet, cell phones, and other mobile devices. Equipped with familiarity and unprecedented access, it is no wonder that adolescents consume, create, and share copious amounts of content. But is there a cost? Digital Youth: The Role of Media in Development recognizes the important role of digital tools in the lives of teenagers and presents both the risks and benefits of these new interactive technologies. From social networking to instant messaging to text messaging, the authors create an informative and relevant guidebook that goes beyond description to include developmental theory and implications. Also woven throughout the book is an international sensitivity and understanding that clarifies how, despite the widespread popularity of digital communication, technology use varies between groups globally. Other specific topics addressed include: Sexuality on the Internet. Online identity and self-presentation. Morality, ethics, and civic engagement. Technology and health. Violence, cyberbullying, and victimization. Excessive Internet use and addictive behavior. This comprehensive volume is a must-have reference for researchers, clinicians, and graduate students across such disciplines as developmental/clinical child/school psychology, social psychology, media psychology, medical and allied health professions, education, and social work. **Internet and Technology Addiction: Breakthroughs in Research and Practice** *Breakthroughs in Research and Practice* *IGI Global* Addiction is a powerful and destructive condition impacting large portions of the population around the world, and because of ubiquitous technology, social networking and internet addiction have become a concern in recent years. With all ages affected by the "fear of missing out," which forces them to stay continually connected in order to stay up-to-date on what others are doing, new research is needed to prevent and treat anxieties caused by internet use. Internet and Technology Addiction: Breakthroughs in Research and Practice is an authoritative resource for the latest research on the social and psychological implications of internet and social networking addiction, in addition to ways to manage and treat this unique form of addiction. Highlighting a range of pertinent topics such as digital addiction, social isolation, and technology servitude, this publication is an ideal reference source for psychologists, cyberpsychologists, cybersociologists, counselors, therapists, public administrators, academicians, and researchers interested in psychology and technology use. **Child and Adolescent Mental Health** *BoD - Books on Demand* In the present volume, we collected state-of-the-art chapters on diagnosis, treatment, and social implications. The first section describes diagnostic processes. It describes a reevaluation of projective techniques, a new clinical tool in psychotraumatology, the foundations of the framing technique, and an overview on integrative approaches. The second section focuses on new developments in the field with special emphasis on culture-specific contexts. From parenting of adolescents in India to the influence of poverty on mental health issues in Mexico, as well as the use of marijuana and Internet addiction, some of the most important fields are highlighted. The third section concentrates on therapy. It shows how to react to bullying and reviews the use of antidepressants in children and adolescents. **The Psychology of All Addictions (and Pathways to Treatment)** *Steven T. Griggs, Ph.D., A Psychological Corporation* I have been a practicing psychologist in an

outpatient setting for over thirty-two years. I run into the same issues and problems almost every day--addictions, anxiety, assertiveness, anger problems, divorce, weight management, parenting, children and teenager's behaviors, mood disorders, relationships, self-esteem, guilt, forgiveness, procrastination and ADHD/learning disabilities. This ebook is about the first subject. In it, I take you through the steps I go through to diagnose and treat addictions--ANY addiction. I start out with a NEW concept--the Universal Self-Test for Addictions (USTA). It's a self-test you can score for yourself or someone you suspect has an addiction. It comes with complete instructions for scoring and interpretation. In this ebook, I answer a LOT of questions. Here they are: What are the short and long definitions of addiction? What are the four major diagnostic components? What are the four additional concepts that define it? What are the symptoms? What four psychiatric illnesses mimic addiction? What are the six major addictions? (Hint: Alcohol, Drugs, Gambling, Sex, Food, and Internet or Internet-related things) What are some other addictions? (I came up with 73...) What are the seven categories and five schedules of drugs? What are the current statistics for each addiction? How are all addictions the same or different? What are the myths and facts? What are the seven stages of developing an addiction? (Another NEW concept: The Addiction Developmental Continuum) What are the causes of addiction? Habit or disease? Triggers? What happens next? (Another NEW concept: The Addiction Reflex) What happens to the brain? What are the seven stages of treatment? Which is better? 12-Step Programs? Smart Recovery? Individual Therapy? Questions to get started--46 things to ask in treatment. What are the five most helpful therapeutic aids? The deep stuff: Family-of-origin relationships, relationships with others, Self-Esteem. Cognitive Behavioral considerations: the relationship of thoughts and the emotions that follow, your moods and last, the relationship between your thoughts, emotions, mood and behavior. What if you live with an addict? What to do? Lastly, there is a section on quotes, followed by a lengthy bibliography. Like my other publications, this ebook has no fat, but is full of the latest info plus new, original concepts. Nobody has published what I present as the glue that makes the addiction concept really work. I think this is why my ebooks do a better job. The theory I espouse builds on the standard explanations in this field but now offers many new ideas. These new concepts pull the whole idea of addiction together so it makes sense. It works. I know, because I've been using it with clients for years. Want to know what it is and how to deal with it? Want to be able to really understand how it came to be and how to exactly assess where you are in developing or not developing an addiction? Want to understand someone else who has an addiction? This ebook is for you. **The Addiction Casebook** *American Psychiatric Pub* The Addiction Casebook consists of 13 clinical cases that exemplify DSM-5 addiction diagnoses commonly encountered in clinical practice. Written in an engaging, easy-to-understand manner, the book complements substance abuse textbooks by providing hands-on experience with real-life situations and updated information relating to DSM-5(R) diagnoses. **Facing Addiction in America The Surgeon General's Report on Alcohol, Drugs, and Health** *Createspace Independent Publishing Platform* All across the United States, individuals, families, communities, and health care systems are struggling to cope with substance use, misuse, and substance use disorders. Substance misuse and substance use disorders have devastating effects, disrupt the future plans of too many young people, and all too often, end lives prematurely and tragically. Substance misuse is a major public health challenge and a priority for our nation to address. The effects of substance use are cumulative and costly for our society, placing burdens on workplaces, the health care system, families, states, and communities. The Report discusses opportunities to bring substance use disorder treatment and mainstream health care systems into alignment so that they can address a person's overall health, rather than a substance misuse or a physical health condition alone or in isolation. It also provides suggestions and recommendations for action that everyone--individuals, families, community leaders, law enforcement, health care professionals, policymakers, and researchers--can take to prevent substance misuse and reduce its consequences. **Internet Addiction Test (IAT)** *Stoelting* While the Internet is a relatively new technology, that has impacted the world, and provided many benefits, it has also had negative ramifications. Individuals unable to control their use are jeopardizing school, employment and relationships. The concept of "Internet Addiction" is used to explain uncontrollable, damaging use of technology. It is characterized as an impulse control disorder, comparable to pathological gambling, because of overlapping diagnostic criteria and symptomatology. Based on these studies, the IAT was constructed to capture the problematic behavior associated with compulsive use of technology, including online porn, internet gambling and compulsive use of online games and social media. The Internet Addiction Test emerged as the first validated measure of Internet and technology addiction. The assessments can be administered in a variety of mental health settings, including private practice clinics, schools, hospitals and residential programs. They can be used when there is suspicion of Internet addiction, as part of a broad intake assessment, or for use in a wellness curriculum to help participants evaluate their own Internet behavior. The IAT can also be a valuable pre-employment screening device, to detect internet addiction among job candidates, to improve productivity and reduce corporate liability. Based on 20 self-report items, the IAT assesses for the presence of addiction to the Internet, electronic entertainment, social media, and general use of electronic devices, and also measures the severity of addiction, in terms of mild, moderate or severe. Furthermore, because Internet addiction may be driven by different reasons and manifest in different ways, requiring different types of treatment, the IAT produces scores related to the following areas: **EscapeCompulsionNeglecting dutiesAnticipationLack of ControlSocial Avoidance Technological Addictions** *American Psychiatric Pub* "Technological Addictions is the first guide designed to provide insight and strategies to clinicians, patients, and families grappling with the collateral damage of technology's pervasiveness and pull. Mental health professionals are beginning to understand that video games, online pornography, internet gaming, internet gambling, and other technological pastimes can be every bit as addictive as substances such as alcohol, tobacco, and illicit drugs. Editor Petros Levounis is among the foremost experts on addiction and, together with coeditor James Sherer and a roster of prominent contributors, has created a groundbreaking book that emphasizes the lived reality of the people who struggle with these addictions every day. In 10 rigorous yet down-to-earth chapters, the book explores the psychological and cultural context of each technology and related behavior, from social media to cybersex, and examines thoroughly the difference between healthy engagement with technology and addiction. This discussion premised on the understanding that technology should not be rolled back or restricted but is an increasingly beneficial and even necessary part of modern life. Two chapters specifically focus on the way technology addictions impact particular populations, such as children and adolescents and older adults. Addiction to technology does not discriminate; no preexisting psychological or physical conditions are required, and everyone is susceptible. Technological Addictions provides guidance found nowhere else, guidance that both clinicians and laypeople will find useful and compelling"-- **Treating and Preventing Adolescent Mental Health Disorders What We Know and What We Don't Know** *Oxford University Press* Sponsored by the Adolescent Mental Health Initiative of the Annenberg Public Policy Center (APPC) of the University of Pennsylvania and the Annenberg Foundation Trust at Sunnylands Trust, *Treating and Preventing Adolescent Mental Health Disorders, Second Edition*, provides a major update since the first edition in 2005. It addresses the current state of knowledge about the major mental health disorders that emerge during adolescence, including updated DSM-5 diagnostic criteria. Here, six commissions established by the APPC and the Sunnylands Trust pool their expertise on adolescent anxiety, schizophrenia, substance use disorders, depression and bipolar disorders, eating disorders, and suicidal behavior in sections that thoroughly define each disorder, outline and assess available treatments, discuss prevention strategies, and suggest a research agenda based on what we know and don't yet know about these various conditions. Two additional behavioral disorders--gambling and internet addiction--are covered in this second edition. As a meaningful counterpoint to its primary focus on mental illness, the volume also incorporates the latest research from a seventh commission--on positive youth development--which addresses how we can fully prepare young people to be happy and successful throughout their lives. Concluding chapters discuss overarching issues regarding the behavioral and mental health of adolescents: overcoming the stigma of mental illness, the research, policy, and practice context for the delivery of evidence-based treatments, and the development of a more robust agenda to advance adolescent health. Integrating the work of eminent scholars in both psychology and psychiatry, this work will be an essential volume for academics and practicing clinicians and will serve as a wake-up call to mental health professionals and policy makers alike about the state of our nation's response to the needs of adolescents with mental disorders. **Neuroscience in the 21st Century From Basic to Clinical** *Springer* Edited and authored by a wealth of international experts in neuroscience and related disciplines, this key new resource aims to offer medical students and graduate researchers around the world a comprehensive introduction and overview of modern neuroscience. Neuroscience research is certain to prove a vital element in combating mental illness in its various incarnations, a strategic battleground in the future of medicine, as the prevalence of mental disorders is becoming better understood each year. Hundreds of millions of people worldwide are affected by mental, behavioral, neurological and substance use disorders. The World Health Organization estimated in 2002 that 154 million people globally suffer from depression and 25 million people from schizophrenia; 91 million people are affected by alcohol use disorders and 15 million by drug use disorders. A more recent WHO report shows that 50 million people suffer from epilepsy and 24 million from Alzheimer's and other dementias. Because neuroscience takes the etiology of disease--the complex interplay between biological, psychological, and sociocultural factors--as its object of inquiry, it is increasingly valuable in understanding an array of medical conditions. A recent report by the United States' Surgeon General cites several such diseases: schizophrenia, bipolar disorder, early-onset depression, autism, attention deficit/hyperactivity disorder, anorexia nervosa, and panic disorder, among many others. Not only is this volume a boon to those wishing to understand the future of neuroscience, it also aims to encourage the initiation of neuroscience programs in developing countries, featuring as it does an appendix full of advice on how to develop such programs. With broad coverage of both basic science and clinical issues, comprising around 150 chapters from a diversity of international authors and including complementary video components, *Neuroscience in the 21st Century* in its second edition serves as a comprehensive resource to students and researchers alike. **Development and Evaluation of Positive Adolescent Training through Holistic Social Programs (P.A.T.H.S.)** *Springer Science & Business Media* This book outlines the development, implementation and evaluation of a project entitled "P.A.T.H.S. to Adulthood: A Jockey Club Youth Enhancement Scheme," with P.A.T.H.S. denoting Positive Adolescent Training through Holistic Social programmes. This pioneer project was conducted in Hong Kong between 2005 and 2012 with more than 210,000 participants. Its goal was to help students meet various challenges in their path to adulthood, with a focus on their psychosocial competencies, developmental assets and the promotion of healthy peer relationships. The project was initiated by The Hong Kong Jockey Club Charities Trust in collaboration with the Government's Social Welfare Department, Education Bureau and five universities in Hong Kong. Edited by the researchers of the project, *Development and Evaluation of Positive Adolescent Training through Holistic Social Programs* explores the nature of positive youth development (PYD), the application of PYD constructs to youth programs and implementation issues. Using multiple strategies, the book evaluates the overall effectiveness of the P.A.T.H.S. school-based programme and reveals that stakeholders had positive perceptions of the project, its implementers and benefits. Students in the program showed better positive development and displayed lower levels of substance abuse and delinquent behaviour than students in the control schools. The book also details lessons learned, emergent issues, future directions as well as insights into the development of positive youth development programs particularly in Chinese communities. *Development and Evaluation of Positive Adolescent Training through Holistic Social Programs* will appeal to all educators, administrators, psychologists, social workers and allied professionals looking to promote whole-person development in their students, especially those with an interest in education in China. **The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients With Alcohol Use Disorder** *American Psychiatric Pub* Alcohol use disorder (AUD) is a major public health problem in the United States. The estimated 12-month and lifetime prevalence values for AUD are 13.9% and 29.1%, respectively, with approximately half of individuals with lifetime AUD having a severe disorder. AUD and its sequelae also account for significant excess mortality and cost the United States more than \$200 billion annually. Despite its high prevalence and numerous negative consequences, AUD remains undertreated. In fact, fewer than 1 in 10 individuals in the United States with a 12-month diagnosis of AUD receive any treatment. Nevertheless, effective and evidence-based interventions are available, and treatment is associated with reductions in the risk of relapse and AUD-associated mortality. The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients With Alcohol Use Disorder seeks to reduce these substantial psychosocial and public health consequences of AUD for millions of affected individuals. The guideline focuses specifically on evidence-based pharmacological treatments for AUD in outpatient settings and includes additional information on assessment and treatment planning, which are an integral part of using pharmacotherapy to treat AUD. In addition to reviewing the available evidence on the use of AUD pharmacotherapy, the guideline offers clear, concise, and actionable recommendation statements, each of which is given a rating that reflects the level of confidence that potential benefits of an intervention outweigh potential harms. The guideline provides guidance on implementing these recommendations into clinical practice, with the goal of improving quality of care and treatment outcomes of AUD. **Gambling Disorder** *Springer* This book provides an overview of the state of the art in research on and treatment of gambling disorder. As a behavioral addiction, gambling disorder is of increasing relevance to the field of mental health. Research conducted in the last decade has yielded valuable new insights into the characteristics and etiology of gambling disorder, as well as effective treatment strategies. The different chapters of this book present detailed information on the general concept of addiction as applied to gambling, the clinical characteristics, epidemiology and comorbidities of gambling disorder, as well as typical cognitive distortions found in patients with gambling disorder. In addition, the book includes chapters discussing animal models and the genetic and

neurobiological underpinnings of the disorder. Further, it is examining treatment options including pharmacological and psychological intervention methods, as well as innovative new treatment approaches. The book also discusses relevant similarities to and differences with substance-related disorders and other behavioral addictions. Lastly, it examines gambling behavior from a cultural perspective, considers possible prevention strategies and outlines future perspectives in the field. **Clinical Textbook of Addictive Disorders, Fourth Edition** Guilford Publications This state-of-the-science reference and text has given thousands of practitioners and students a strong foundation in understanding and treating addictive disorders. Leading experts address the neurobiology of addictions and review best practices in assessment and diagnosis. Specific substances of abuse are examined in detail, with attention to real-world clinical considerations. Issues in working with particular populations—including polysubstance abusers, culturally diverse patients, older adults, chronic pain sufferers, and others—are explored. Chapters summarize the theoretical and empirical underpinnings of widely used psychosocial and pharmacological treatments and clearly describe clinical techniques. New to This Edition *Incorporates a decade's worth of major advances in research and clinical practice. *Updated for DSM-5. *Many new authors; extensively revised with the latest information on specific biological mechanisms, substances, populations, and treatments. *Chapter on motivational interviewing. **Virtual Communities: Concepts, Methodologies, Tools and Applications Concepts, Methodologies, Tools and Applications** IGI Global Covers the development, design, and utilization of virtual organizations and communities and the resulting impact of these venues. **Mediated Interpersonal Communication** Routledge Mediated interpersonal communication is one of the most dynamic areas in communication studies, reflecting how individuals utilize technology more and more often in their personal interactions. Organizations also rely increasingly on mediated interaction for their communications. Responding to this evolution in communication, this collection explores how existing and new personal communication technologies facilitate and change interpersonal interactions. Chapters offer in-depth examinations of mediated interpersonal communication in various contexts and applications. Contributions come from well-known scholars based around the world, reflecting the strong international interest and work in the area. **Drugs, Brains, and Behavior The Science of Addiction** "Drugs, Brains, and Behavior" is an online textbook written by C. Robin Timmons and Leonard W. Hamilton. The book was previously published by Prentice Hall, Inc. in 1990 as "Principles of Behavioral Pharmacology." The authors attempt to develop an understanding of the interpenetration of brain, behavior and environment. They discuss the chemistry of behavior in both the literal sense of neurochemistry and the figurative sense of an analysis of the reactions with the environment. **Internet and Mobile Phone Addiction Health and Educational Effects** MDPI Internet use-related addiction problems (e.g., Internet addiction, problem mobile phone use, problem gaming, and social networking) have been defined according to the same core element: the addictive symptomatology presented by individuals who excessively and problematically behave using the technology. Online activity is the most important factor in their lives, causing them the loss of control by stress and difficulties in managing at least one aspect of their daily life, affecting users' wellbeing and health. In 2018, Gaming Disorder was included as a mental disease in the 11th Revision of the International Classification of Diseases by the World Health Organization. In 2013, the American Psychiatric Association requested additional research on Internet Gaming Disorder. The papers contained in this e-Book provide unique and original perspectives on the concept, development, and early detection of the prevention of these health problems. They are diverse in the nature of the problems they deal with, methodologies, populations, cultures, and contain insights and a clear indication of the impact of individual, social, and environmental factors on Internet use-related addiction problems. The e-Book illustrates recent progress in the evolution of research, with great emphasis on gaming and smartphone problems, signaling areas in which research would be useful, even cross-culturally. **Innovations in Clinical Practice Focus on Children & Adolescents** Professional Resource Exchange Incorporated **Advanced Methodologies and Technologies in Artificial Intelligence, Computer Simulation, and Human-Computer Interaction** IGI Global As modern technologies continue to develop and evolve, the ability of users to adapt with new systems becomes a paramount concern. Research into new ways for humans to make use of advanced computers and other such technologies through artificial intelligence and computer simulation is necessary to fully realize the potential of tools in the 21st century. Advanced Methodologies and Technologies in Artificial Intelligence, Computer Simulation, and Human-Computer Interaction provides emerging research in advanced trends in robotics, AI, simulation, and human-computer interaction. Readers will learn about the positive applications of artificial intelligence and human-computer interaction in various disciplines such as business and medicine. This book is a valuable resource for IT professionals, researchers, computer scientists, and researchers invested in assistive technologies, artificial intelligence, robotics, and computer simulation. **The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults, Third Edition** American Psychiatric Pub Since the publication of the Institute of Medicine (IOM) report Clinical Practice Guidelines We Can Trust in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA's practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline. With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care. **Child Neglect A Guide for Prevention, Assessment, and Intervention Navigating the Cyberworld With Your Child A guide for parents, teachers and counsellors** Marshall Cavendish International Asia Pte Ltd Addictive Internet use is a relatively new phenomenon of which many people are unaware, and for which treatment is often not sought. Left ignored, excessive Internet use may lead to deteriorating relationships or interfere with normal functioning in life. Navigating the Cyberworld With Your Child highlights the different types of Internet-related addictions that a child or teenager may face – such as pornography, social networking and texting, gaming and online shopping – and discusses prevention and treatment approaches. It also explores legal problems that arise from cybercrimes, and offers intervention strategies, services and programmes available for both victim and perpetrator. Finally, it takes a look at future technology and potential research areas. **Roots Reloaded. Culture, Identity and Social Development in the Digital Age** Anchor Academic Publishing This edited volume is designed to explore different perspectives of culture, identity and social development using the impact of the digital age as a common thread, aiming at interdisciplinary audiences. Cases of communities and individuals using new technology as a tool to preserve and explore their cultural heritage alongside new media as a source for social orientation ranging from language acquisition to health-related issues will be covered. Therefore, aspects such as Art and Cultural Studies, Media and Communication, Behavioral Science, Psychology, Philosophy and innovative approaches used by creative individuals are included. From the Aboriginal tribes of Australia, to the Maoris of New Zealand, to the mystical teachings of Sufi brotherhoods, the significance of the oral and written traditions and their current relation to online activities shall be discussed in the opening article. The book continues with a closer look at obesity awareness support groups and their impact on social media. Facebook usage in language learning context, smartphone addiction and internet dependency, as well as online media reporting of controversial ethical issues. **The 2nd Dubai International Conference in Higher Education Sustaining Success through Innovation** Universal-Publishers **ICICKM2015-12th International Conference on Intellectual Capital Knowledge Management & Organisational Learning** ICICKM2015 Academic Conferences and publishing limited **Substance and Non-substance Addiction** Springer This book focuses on the similarities and differences between substance and non-substance addictions. It discusses in detail the mechanisms, diagnosis and treatment of substance and non-substance addictions, and addresses selected prospects that will shape future studies on addiction. Addiction is a global problem that costs millions of lives tremendous damage year after year. There are mainly two types of addiction: substance addiction (e.g., nicotine, alcohol, cannabis, heroin, stimulants, etc.) and non-substance addiction (e.g., gambling, computer gaming, Internet, etc.). Based on existing evidence, both types of addiction produce negative impacts on individuals' physical, mental, social and financial well-being, and share certain common mechanisms, which involve a dysfunction of the neural reward system and specific gene transcription factors. However, there are also key differences between these two types of addiction. Covering these aspects systematically, the book will provide researchers and graduate students alike a better understanding of drug and behavioral addictions. **Bringing Together Physical and Mental Health A New Frontier for Integrated Care Social Media Principles and Applications** Lexington Books Social Media: Principles and Applications examines social media in interpersonal, mass-mediated, educational, organizational, and political settings. Social media technologies take on many different forms, including social network sites like Facebook and Twitter, blogs, wikis, online video and photo-sharing sites (e.g., Pinterest), rating and social bookmarking sites, and video/text chatting sites (e.g., Skype). Beginning with the principles of social media, Sheldon disassembles applications of social media in a variety of settings to understand who is using social media, how they develop meaningful relationships, and how they use social media during major events. Sheldon also delves into the political, educational, commercial, and privacy issues of social media use, making this an excellent resource for communication, psychology, and social media scholars. **Acute Pain Management** Cambridge University Press This textbook provides an overview of pain management useful to specialists as well as non-specialists, surgeons, and nursing staff. **Evaluation in Health Promotion Principles and Perspectives** WHO Regional Office Europe This book is the result of the WHO European Working Group on Health Promotion Evaluation which examined the current range of qualitative and quantitative evaluation methods to provide guidance to policy-makers and practitioners. It includes an extensive c **Caught in the Net How to Recognize the Signs of Internet Addiction--and a Winning Strategy for Recovery** John Wiley & Sons "I don't even help [my children] with their homework in the evening because I'm in the chat rooms, and I don't help put them to bed because I don't realize how late it is. I also don't help them get ready for school in the morning like I used to do because I'm checking my e-mail. And I just can't stop myself."-Raymond, an Internet addict. Internet addiction is real. Like alcoholism, drug addiction, or compulsive gambling, it has devastating effects on the lives of addicts and their families: divorce, job loss, falling productivity at work, failure in school, and, in extreme cases, criminal behavior. The problem has already reached epidemic proportions in the United States, and the number of "netaholics" continues to grow rapidly as more households and businesses go on-line. Yet, until now, no one from the mental health community has come forward with a specific description of Internet addiction and its effects or a strategy for treatment and recovery. In Caught in the Net, Kimberly Young shares the results of her three-year study of Internet abuse. Often using the words of the Internet addicts themselves, she presents the stories of dozens of lives that were shattered by an overwhelming compulsion to surf the Net, play MUD games, or chat with distant and invisible neighbors in the timeless limbo of cyberspace. Why is the Internet so seductive? What are the warning signs of Internet addiction? Is recovery possible? Dr. Young answers these questions and many more. She provides a questionnaire to help Net users determine whether they are addicts, and offers concrete steps to help problem users regulate Internet usage and devise a more balanced place for it in their daily lives. For Internet addicts as well as their parents, spouses, friends, and employers, Caught in the Net offers guidance on where and how to seek help from counselors, therapists, and other professionals who take this affliction seriously. For mental health professionals, this book provides insights into the nature and causes of Internet addiction and encourages counselors and therapists to expand their addiction recovery programs to address the specific problems of Internet addicts. "Think that computer addiction is a joke? Think again. This groundbreaking book is the first to explore on-line addiction in a serious way and to consider the effects on individuals and their families. Caught in the Net is an important book for anyone who spends mornings and evenings connected to the Net."-Clifford Stoll, author of The Cuckoo's Egg and Silicon Snake Oil. "An excellent account of the dangers of the burgeoning Internet industry. Dr. Young carefully outlines the traps into which people can fall and offers pragmatic self-help suggestions. Caught in the Net is valuable for both consumers and the professionals who deal with them."-Maressa Hecht Orzack, PhD, Founder and Coordinator, Computer Addiction Services, McLean Hospital Lecturer, Harvard University Medical School "I don't mean to spend all my time this way, but I can't stop. It's the only place my opinion matters and I feel

important."-bobage38.automechanic.internet.addict "I feel guilty about it, but when I tried to break free, I simply didn't have the strength....I'm a long-time smoker, but I've found the craving to go on the Internet first thing every morning is stronger than my urge to light a cigarette."-marylouage40.motheroffour.internet.addict "When you're talking about the Internet, you're talking about power. It's the most powerful information tool I have ever known. When I explore the on-line world, I feel like that robot in the movie Short Circuit. I need more input! More input!"-daveage28.militarytelecommunicationsexpert.internet.addict "I feel the rush every time my mind gets connected to this intensely powerful information whirlpool. When I enter cyberspace, I become one with my mind. It's like Mr. Spock doing the Vulcan mind meld."-joshage29.computerprogrammer.internet.addict itt.edu and view her website at: www.netaddiction.com. **Digital Detox: Why Taking a Break from Technology Can Improve Your Well-Being** ABC-CLIO Health professionals and the general public are becoming increasingly aware that addiction to the internet, social media, online games, and other forms of technology has become a real problem with significant negative impacts on physical, psychological, and social health. To combat this issue, some are now undertaking a "digital detox," and many options have emerged to help individuals unplug, whether for a weekend or for longer-term change. *Digital Detox: Why Taking a Break from Technology Can Improve Your Well-Being* explores both the dark side of technology's ever-present existence in today's world and what individuals can do to find better balance in their digital lives. Part I explores addiction to the internet and other novel technologies. What effect does overindulgence in social media, gaming, online shopping, or even "doomscrolling" through internet news sites have on our self-esteem, relationships with others, and happiness? This section also explores how researchers study and quantify technology addiction. Part II focuses on the digital detox countermovement, examining how various programs, support groups, retreats, and even technology itself can help individuals conquer their digital addictions. **Mental Health in the Digital Age Grave Dangers, Great Promise** Oxford University Press, USA The Internet and related technologies have reconfigured every aspect of life, including mental health. Although the negative and positive effects of digital technology on mental health have been debated, all too often this has been done with much passion and few or no supporting data. In *Mental Health in the Digital Age*, Elias Aboujaoude and Vladan Starcevic have edited a book that brings together distinguished experts from around the world to review the evidence relating to this area. The first part of the book addresses threats resulting from the growing reliance on, and misuse of, digital technology; it also looks at how some problematic behaviors and forms of psychopathology have been shaped by this technology. This section reviews problematic Internet and video game use, effects of violent video games on the levels of aggression and of online searches for health-related information on the levels of health anxiety, use of digital technology to harm other people, and promotion of suicide on the Internet. The second part of *Mental Health in the Digital Age* examines the ways in which digital technology has boosted efforts to help people with mental health problems. These include the use of computers, the Internet, and mobile phones to educate and provide information necessary for psychiatric treatment and to produce programs for psychological therapy, as well as use of electronic mental health records to improve care. *Mental Health in the Digital Age* is a unique and timely book because it examines comprehensively an intersection between digital technology and mental health and provides a state-of-the-art, evidence-based, and well-balanced look at the field. The book is a valuable resource and guide to an area often shrouded in controversy, as it is a work of critical thinking that separates the hype from the facts and offers data-driven conclusions. It is of interest particularly to mental health professionals, but also to general audience. **Chinese Adolescents in Hong Kong Family Life, Psychological Well-Being and Risk Behavior** Springer This book documents the findings of a 3-year longitudinal study on the quality of family life, personal well-being and risk behavior in Chinese adolescents in Hong Kong. It presents the profiles of quality of family life (family functioning, parental behavioral control, parental psychological control and parent-child relational qualities); personal well-being (positive youth development and life satisfaction measures) and adolescent risk behavior (substance abuse, delinquency, self-harm and suicidal behavior and behavioral intentions to engage in risk behavior) in different adolescent populations across time. It also examines theoretical issues concerning the interrelationships between family quality of life, psychological well-being and risk behavior in adolescents. Practically speaking, the findings can help youth workers appreciate the importance of family quality of life and positive youth development in shaping the personal well-being and risk behavior in Chinese adolescents in Hong Kong.